

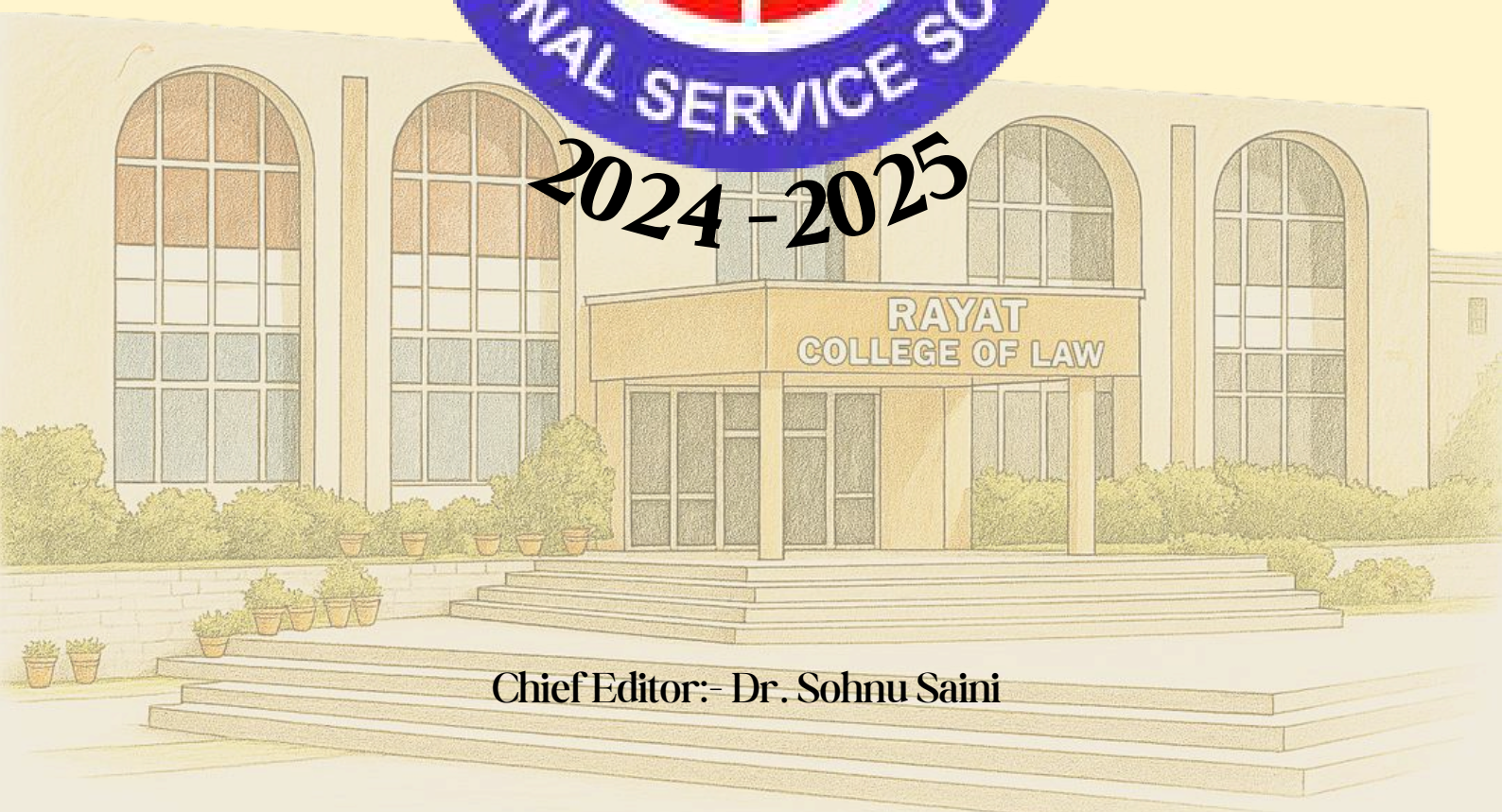
RAYAT COLLEGE OF LAW RAILMAJRA



Annual **NSS** *Report*



2024 - 2025



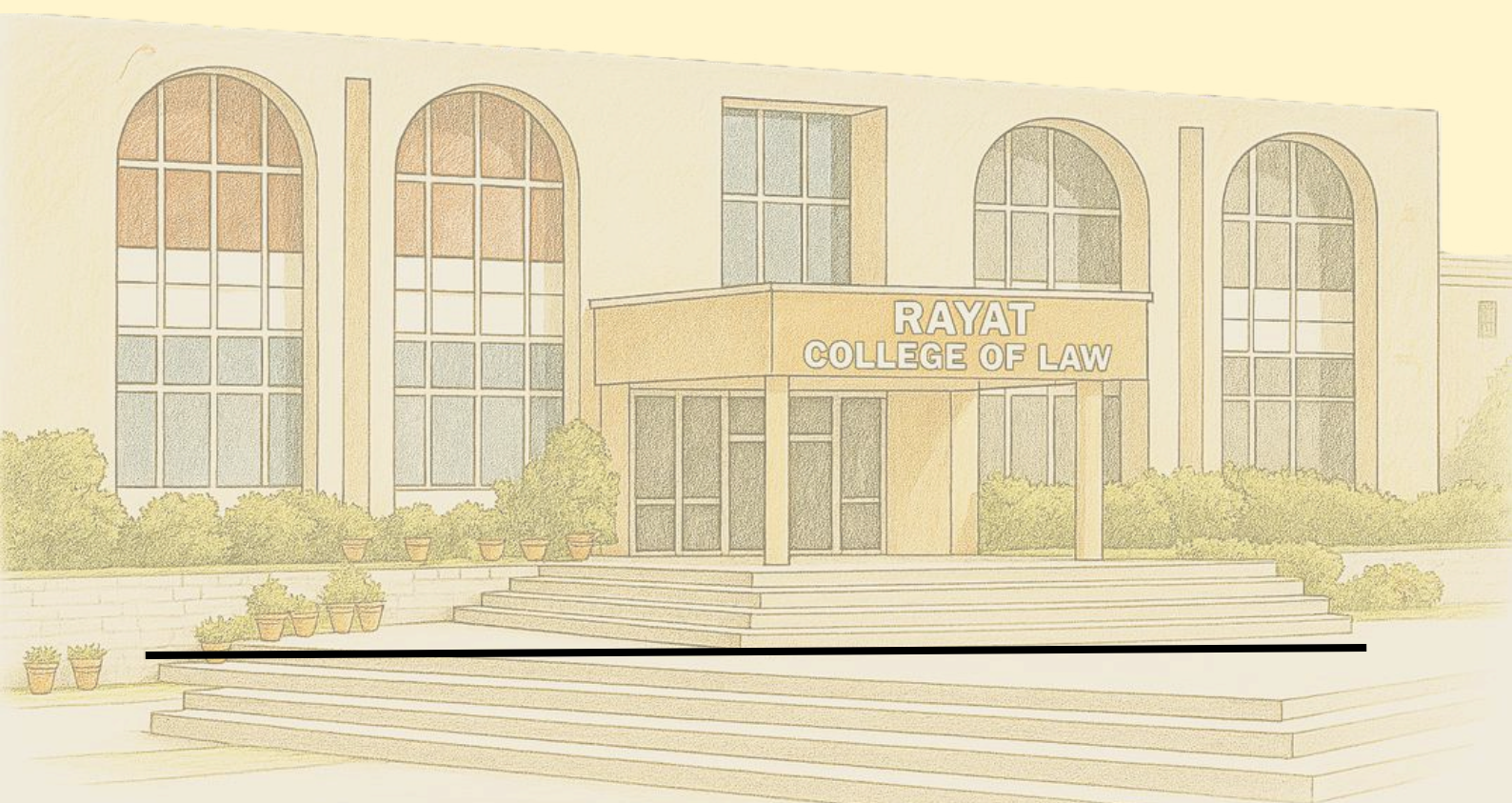
Chief Editor:- Dr. Sohnu Saini

PREFACE

The National Service Scheme (NSS) is a government-sponsored public service program in India. It aims to involve students in community service activities, promoting their overall development and fostering a sense of social responsibility.

NSS volunteers participate in various projects such as health awareness campaigns, environmental protection, and education for underprivileged communities. The program helps students develop skills like communication, teamwork, and leadership, while also emphasizing national integration and communal harmony.

NSS plays a crucial role in shaping responsible citizens and bridging the gap between education and social responsibility.



HISTORY

The National Service Scheme (NSS) was established in India on September 24, 1969, to commemorate the birth centenary of Mahatma Gandhi.

The idea behind NSS was to involve students in the task of national service, thereby fostering a sense of social responsibility and community engagement.

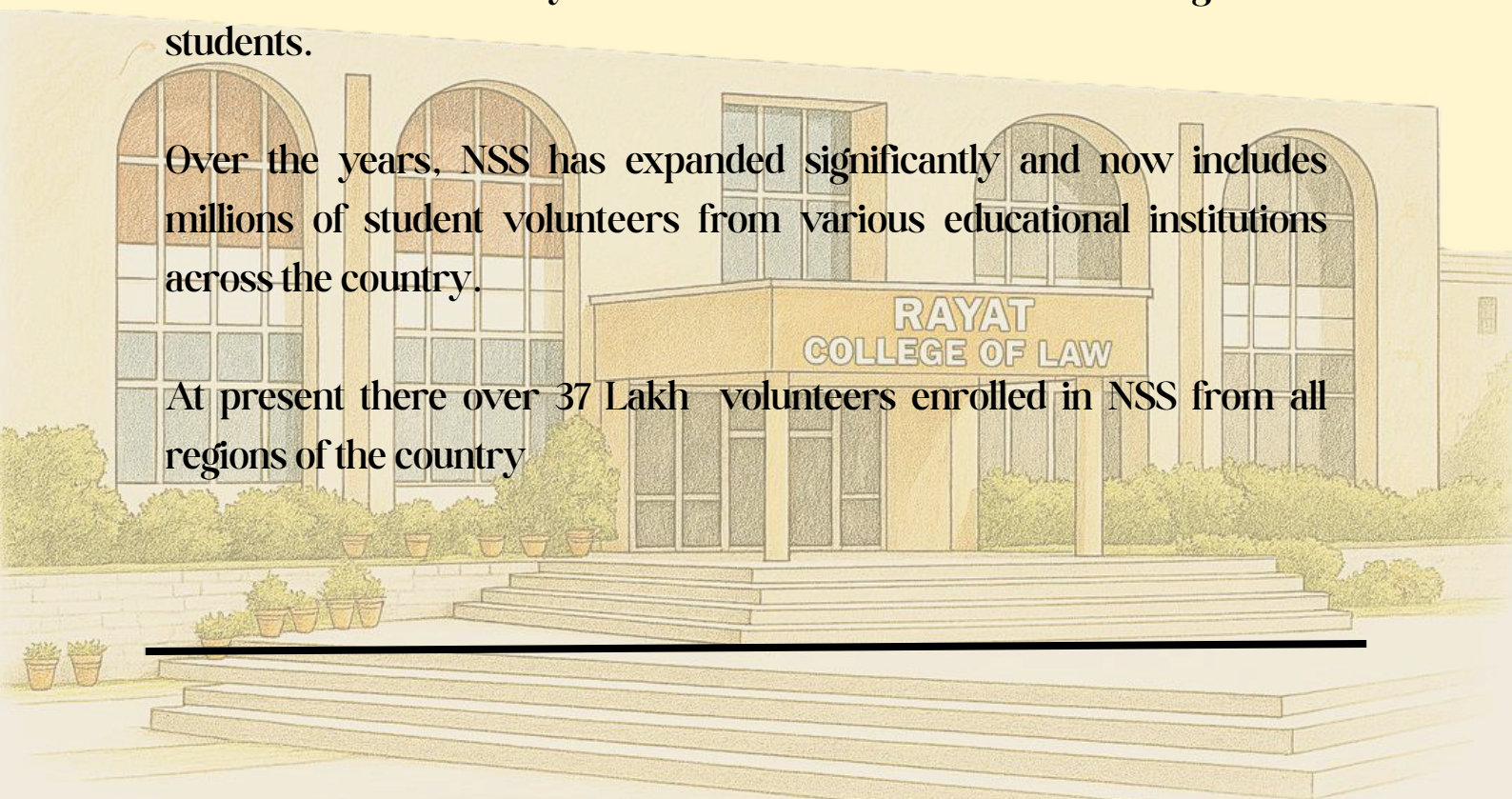
The scheme was launched under the Ministry of Youth Affairs and Sports.

The origins of NSS can be traced back to the recommendations of the Education Commission (1964-66), headed by Dr. D.S. Kothari, which suggested that students should engage in some form of social service.

The scheme was initially introduced in 37 universities, involving 40,000 students.

Over the years, NSS has expanded significantly and now includes millions of student volunteers from various educational institutions across the country.

At present there over 37 Lakh volunteers enrolled in NSS from all regions of the country



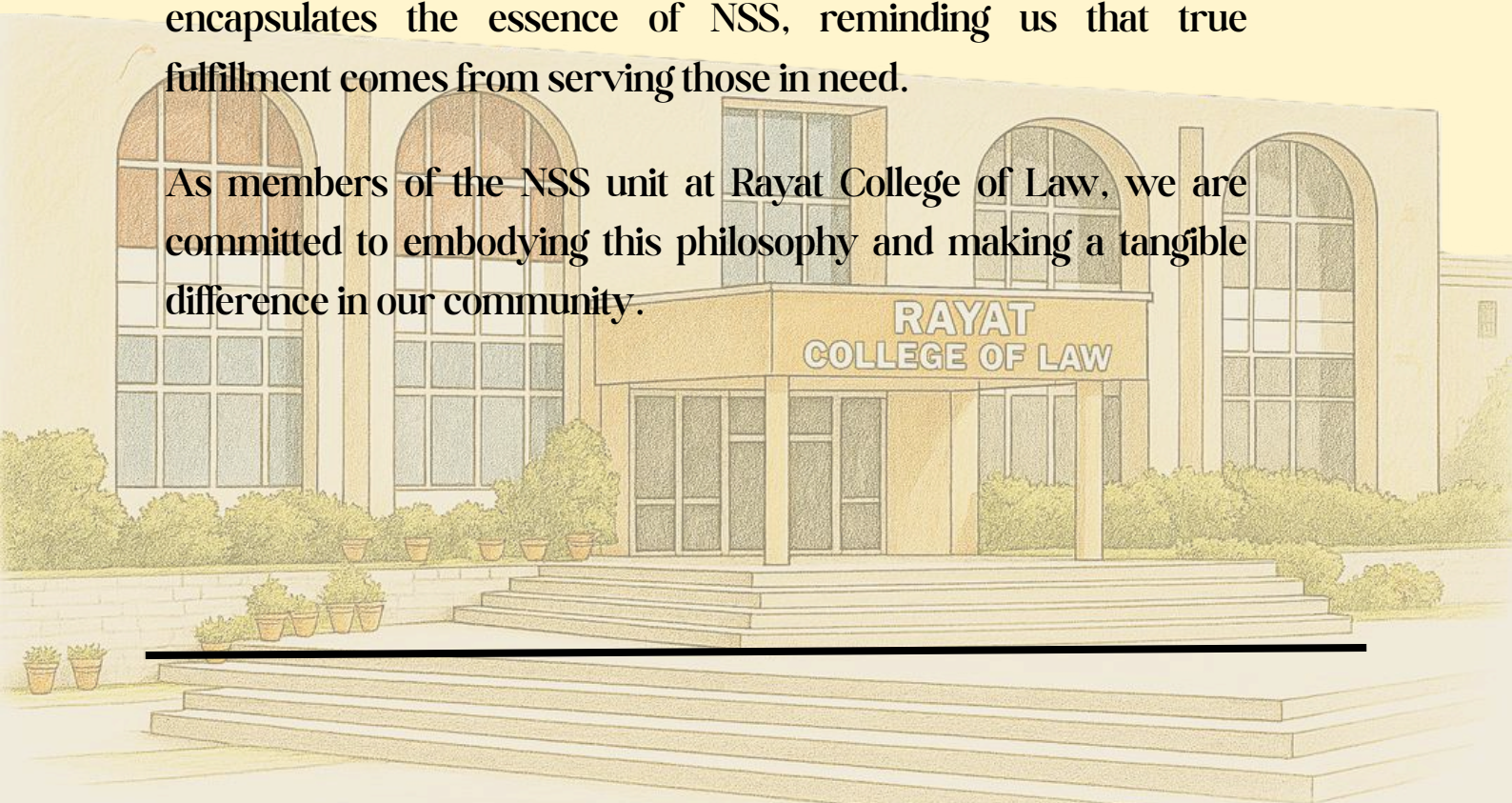
NSS - MOTO

The motto of the National Service Scheme (NSS) is "Not me, but you." This phrase encapsulates the essence of selfless service and highlights the importance of prioritizing the needs of others over oneself. It encourages volunteers to engage in community service, fostering a spirit of altruism and social responsibility among the youth.

The significance of this motto lies in its ability to inspire individuals to contribute positively to society. By adopting a mindset focused on the welfare of others, NSS volunteers learn the value of teamwork, empathy, and compassion. This approach not only benefits the community but also helps in personal growth and character development.

In the words of Mahatma Gandhi, "The best way to find yourself is to lose yourself in the service of others." This quote perfectly encapsulates the essence of NSS, reminding us that true fulfillment comes from serving those in need.

As members of the NSS unit at Rayat College of Law, we are committed to embodying this philosophy and making a tangible difference in our community.



NSS LOGO

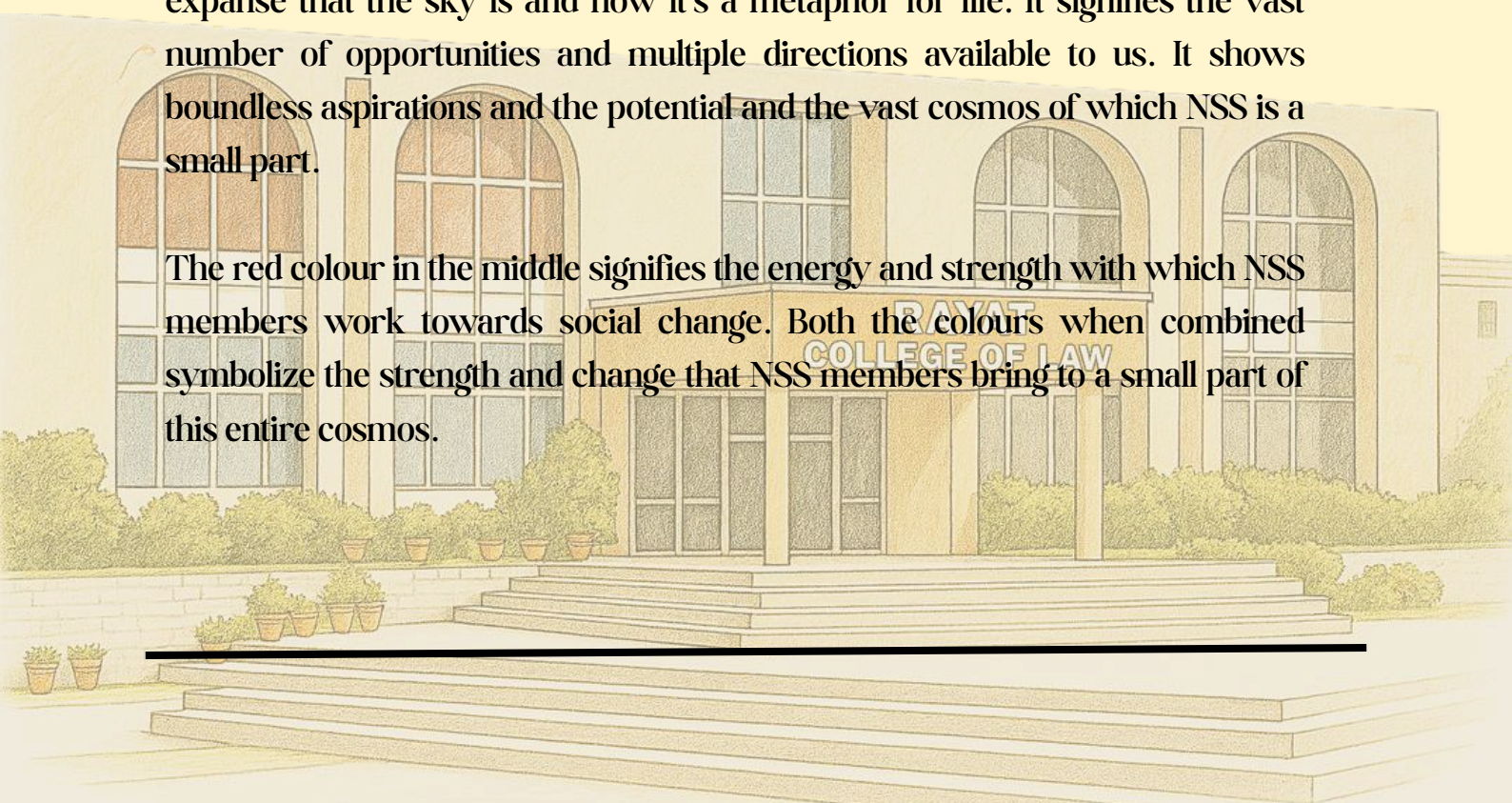
NSS logo meaning history dates back to 1969, the year of its inception. Launched right after independence, the logo is synonymous with volunteerism, social work, and brotherhood. The logo was launched by the Ministry of Youth Affairs and Sports, Government of India. It instilled a feeling of pride, volunteerism, social change, and betterment of the country in the youth. Students willingly joined NSS and took part in various events they organised.

MEANING OF EACH COLOUR

Each colour embedded in the NSS symbol stands for something significant. They all combined present a picture of harmony and the power of collective action, and even more so when the youth, i.e., the future of the country is involved.

The blue colour in the outer ring symbolizes the sky. It represents the vast expanse that the sky is and how it's a metaphor for life. It signifies the vast number of opportunities and multiple directions available to us. It shows boundless aspirations and the potential and the vast cosmos of which NSS is a small part.

The red colour in the middle signifies the energy and strength with which NSS members work towards social change. Both the colours when combined symbolize the strength and change that NSS members bring to a small part of this entire cosmos.



The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit.

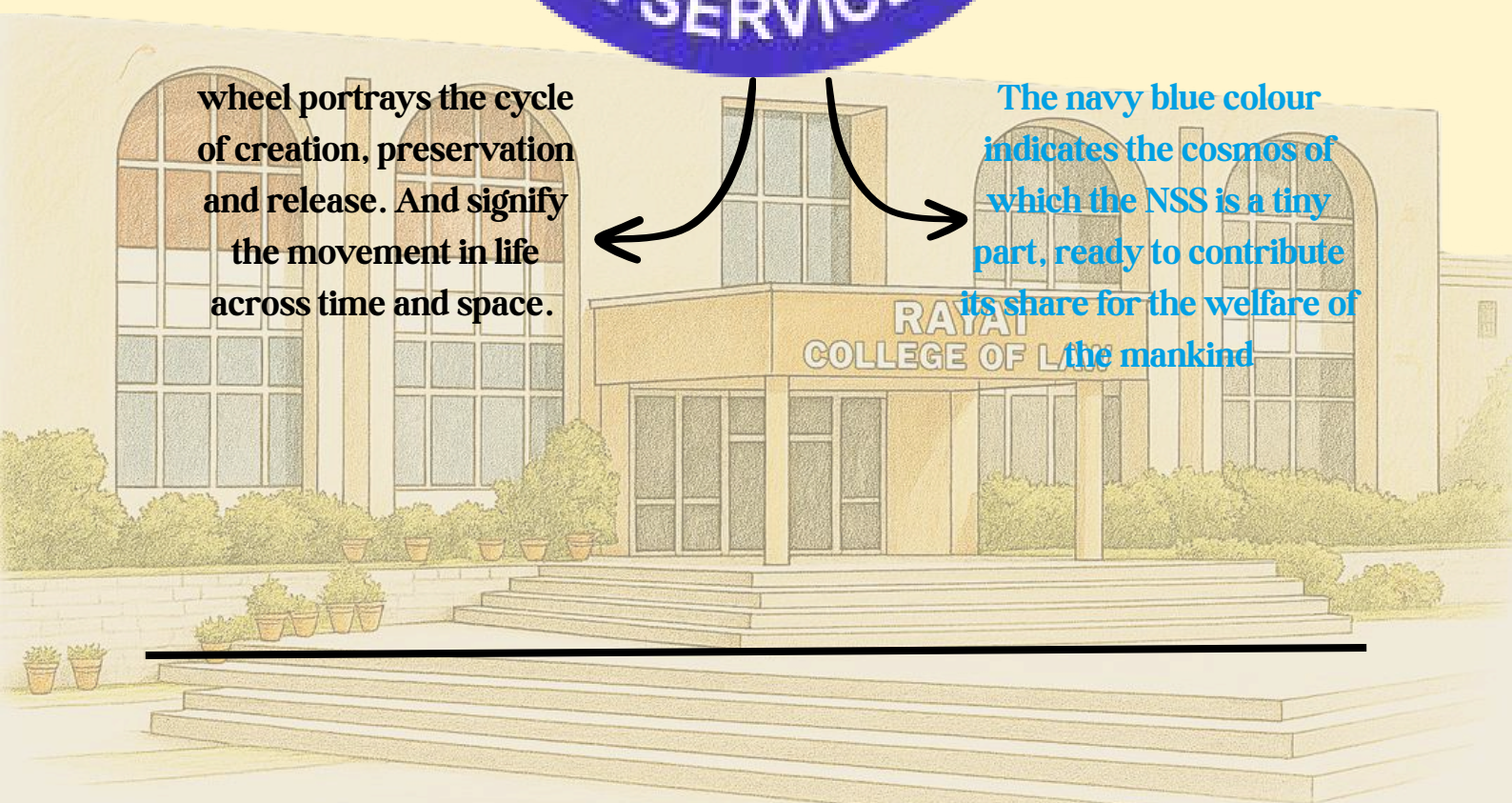
The eight bars represent the 24 hours of day, hence it reflects the wearer to be in readiness for service around the clock.

Based on the giant "Rath" Wheel of Konark temple, Odisha

Stands for dynamism and progressive outlook of youth.

wheel portrays the cycle of creation, preservation and release. And signify the movement in life across time and space.

The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind

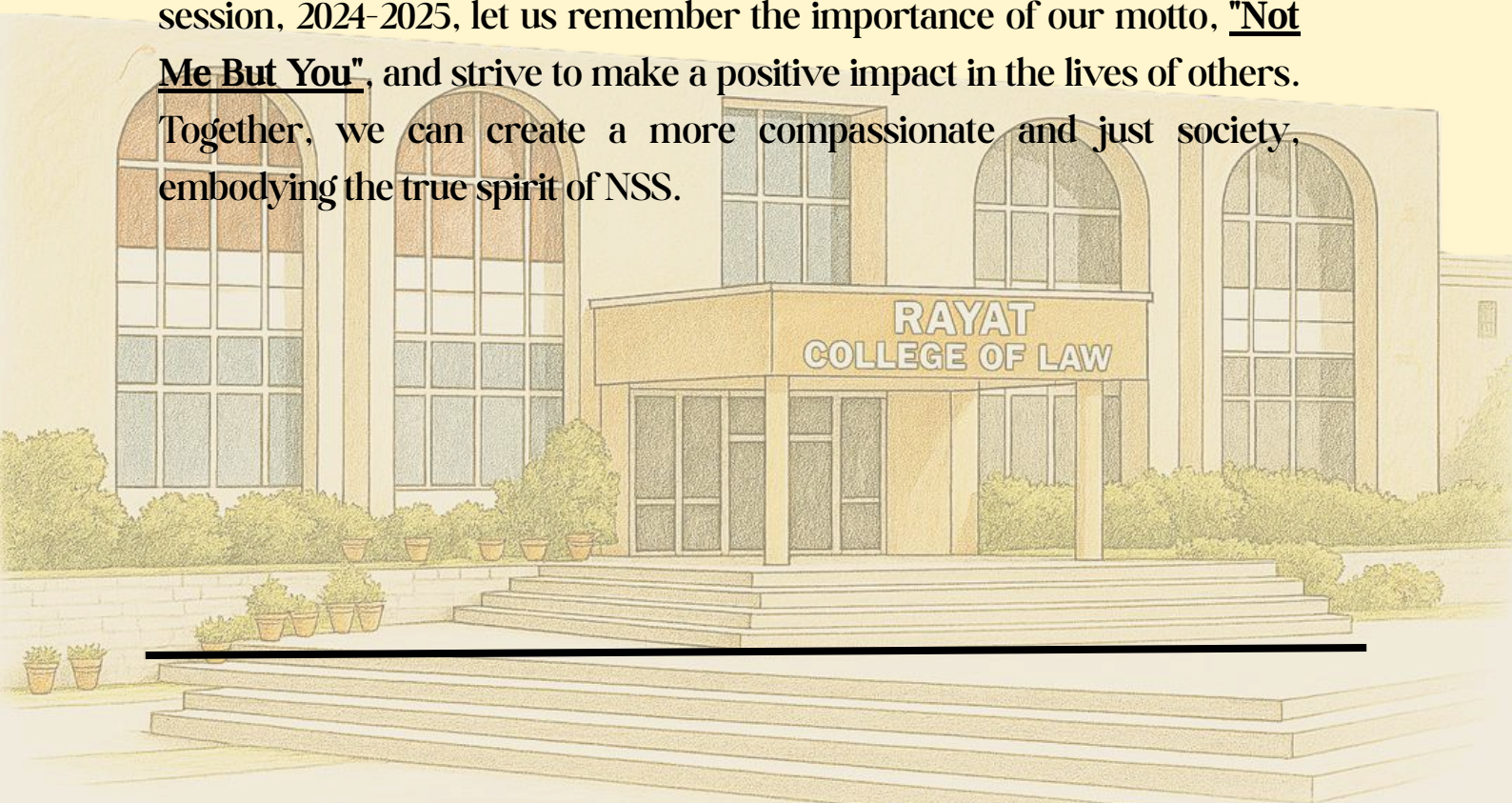


NSS at RCL

As we delve into the annual report of the NSS unit of Rayat College of Law , Railmajra for the session 2024-2025. it is essential to recognize the impact of our activities on both the community and the students involved. Throughout the year, our unit has actively participated in numerous initiatives, ranging from health camps and environmental awareness programs to educational outreach and support for underprivileged communities. These activities not only address pressing social issues but also provide students with invaluable experiences that foster personal growth and development.

At rcl our team of over **100 nss volunteers** have tried to make a change in the present world and in the individuals as well by organizing activities throughout the year in different areas of the society on various sensitive and untouched topics.

As we reflect on our achievements in this yearly annual report for the session, 2024-2025, let us remember the importance of our motto, "**Not Me But You**", and strive to make a positive impact in the lives of others. Together, we can create a more compassionate and just society, embodying the true spirit of NSS.



FROM THE PRINCIPLE'S DESK....

2024-2025

As the Principal of Rayat College of Law, I would like to express my utmost respect and pride in promoting our NSS team. They have done remarkable work not only for the college but also for their personal growth. The NSS team has demonstrated their commitment to social service, significantly impacting the lives of many individuals in our community.

In my view, the NSS team is not just a group; they are a family that is always ready to support one another. Their dedication and commitment are enhancing the reputation of our college. I consistently keep an eye on the activities of the NSS team and commend them at every step.

The members of the NSS team have showcased their leadership skills, preparing them to become outstanding professionals in the future. I hope that the NSS team continues to pursue their passion and brings further glory to our college. Always, we extend our best wishes to them from our college.

With the grace and hard work of Sohnu Saini, the coordinator of the NSS unit of Rayat College of Law, all these achievements have been possible. His dedication and guidance have been instrumental in steering the team towards success. I would like to extend my heartfelt thanks to Sohnu Saini for his relentless efforts and commitment.

Together, we look forward to seeing the NSS team reach even greater heights and continue to make a positive impact on society.



Ms. Monika Sharma
Director - Principal
Rayat College Of Law , Railmajra



FROM THE

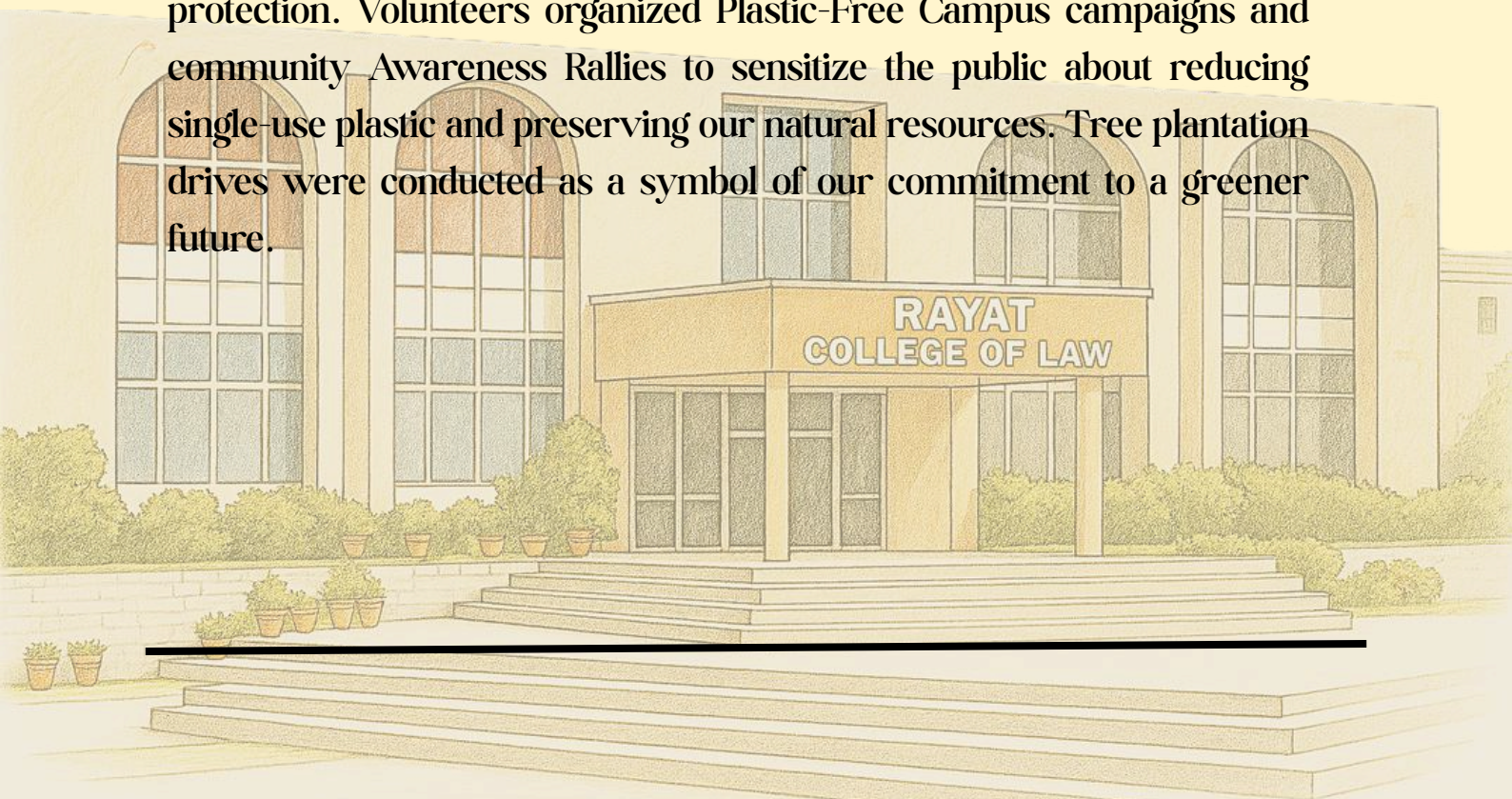
2024-2025

PROGRAM OFFICER'S DESK....

It is with immense pride and gratitude that I present a brief overview of the year's achievements and activities undertaken by our unit in this Annual Report. The past year (2024-25) has been one of dynamic growth, meaningful engagement, and unwavering dedication to the values of service, leadership, and social responsibility.

As the Programme Officer, I had the privilege of witnessing our volunteers display exemplary commitment through various outreach initiatives, awareness campaigns, and community service projects. From organizing cleanliness drives under Swachh Bharat Abhiyan, participating in Azadi Ka Amrit Mahotsav activities, conducting legal and digital literacy and health awareness camps, to engaging in plantation drives and blood donation camp—our volunteers have left an indelible mark of service wherever they have gone.

Our unit has also taken meaningful steps toward environmental protection. Volunteers organized Plastic-Free Campus campaigns and community Awareness Rallies to sensitize the public about reducing single-use plastic and preserving our natural resources. Tree plantation drives were conducted as a symbol of our commitment to a greener future.



CONT' D....

In view of growing digital threats, we launched awareness programs on Cyber Crime Prevention during special 7days camp. Special sessions, rallies , nukkad natak and interactive workshops were conducted to educate students, villagers and community members on online safety, responsible digital behavior, and reporting mechanisms. As part of our outreach, we visited government schools and engaged students from classes 9 to 12 in interactive sessions on both environmental issues and cyber safety.

I also take this opportunity to thank the Principal, Vice Principal, faculty members, and administrative staff for their continuous support and encouragement. To our dedicated volunteers—your selfless service, discipline, and passion are the true strength of our unit. You have lived up to the NSS motto, "Not Me But You," with sincerity and determination.

Let us continue to strive for excellence, expand our outreach, and contribute positively to nation-building. I look forward to another year of impactful service, guided by the spirit of teamwork and a shared vision of social change.



Dr. Sohnu Saini
NSS Program Officer
(Assistant Professor of Law)
Rayat College Of Law , Railmajra

OFFICE BEARERS

EXECUTIVE TEAM

NIKHIL SAINI

INDERPREET KAUR

PARIKSHIT KUMAR

KARINA

FINANCE COMMITTEE

SIDHARTH HANDA

MRIDUL MEHTA

KARTIK

PROGRAMME ORGANISER

AARZU

JASMEET

EKAMPREET KAUR

GURJOT KAUR

CULTURAL COMMITTEE

ANJALI

PARAM

NANDINI

GUEST COMMITTEE

NIDHI

CHEHAK SUNEJA

ISHIKA SINGLA

MEDIA COMMITTEE

EKNOOR BAINWAIT

SUSHANT LADHAR

DISCIPLINE COMMITTEE

GURSHARAN SINGH

ABHISHEK DHANKHAR

SHIVAM JAIN

RITU

BABALJIT KAUR

MESS COMMITTEE

ADITYA KAPOOR

ANKUSH

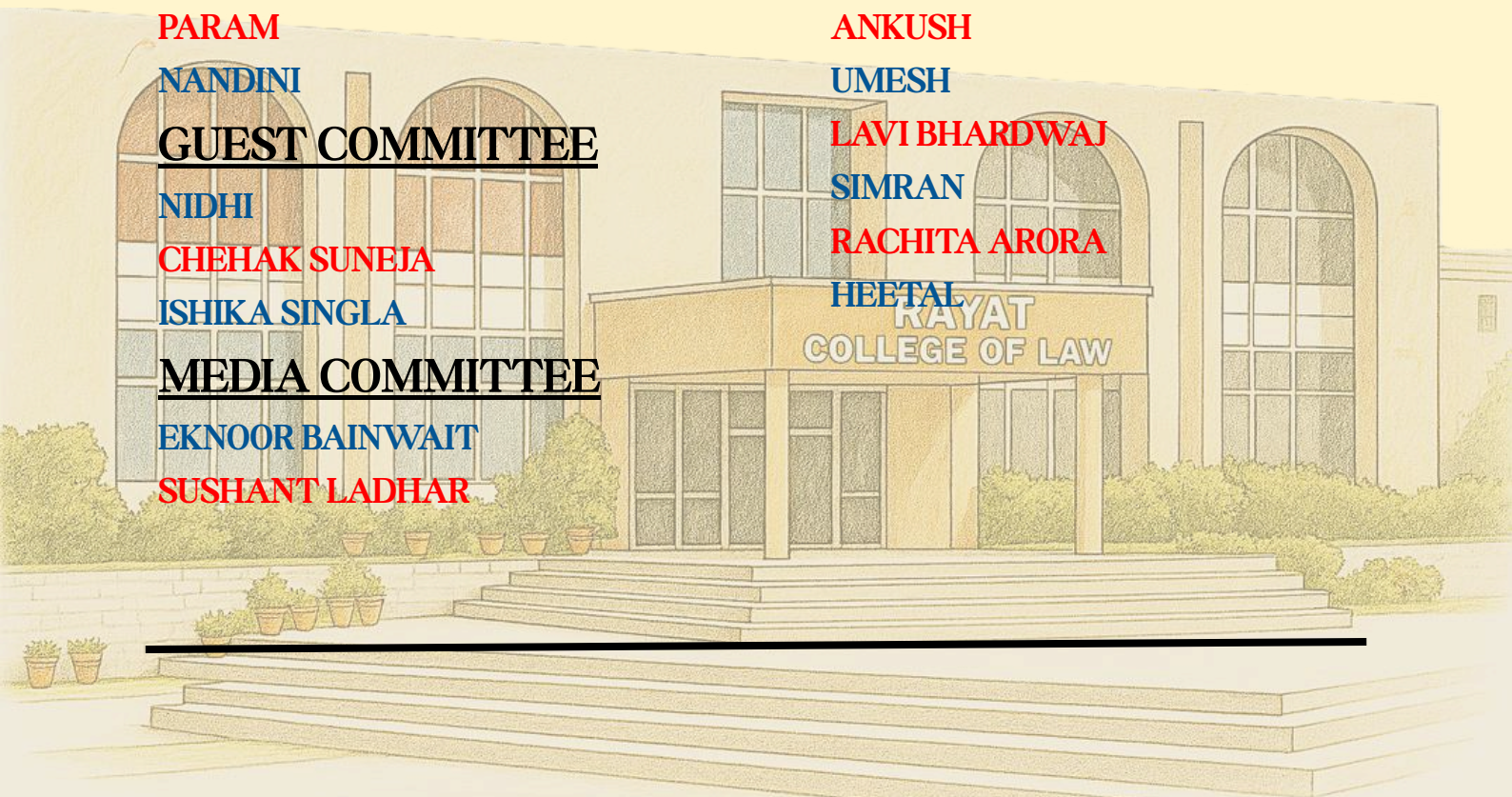
UMESH

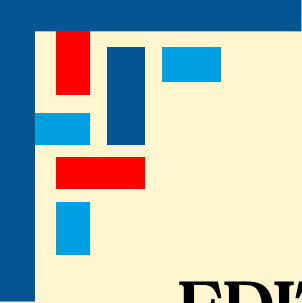
LAVI BHARDWAJ

SIMRAN

RACHITA ARORA

HEETAL





2024-2025

EDITORIAL TEAM

GRAPHIC DESIGNER & EDITOR

ARNAV MATHUR



CONTENT WRITERS

EKNOOR BANWAIT

SUSHANT LADHAR



CONTENTS

2024-2025

Sr. No	ACTIVITY	PAGE NO.
1	Tree Plantation and Enlightening Lecture	1
2	Achievement of Professor Sohnu Saini	3
3	MYBharat Portal	4
4	3-Day Awareness Camp	6
5	Plastic Free Day	8
6	One-Day Educational Drive	10
7	NSS Orientation Programme	12
8	Virtual Workshop	14
9	Cleanliness Drive At Civil Hospital, Ropar	16
10	Cleanliness Drive at Indus Valley Civilization Site	18
11	Pledge Ceremony and Cleanliness Drive	20

CONTENTS

2024-2025

Sr. No	ACTIVITY	PAGE NO.
12	Quiz Competition	20
13	Pledge On Preamble	21
14	Samvidhan Divas Quiz	22
15	NAAC Team Visit	23
16	Training Workshop	24
17	Training Camp On Leadership	25
18	7 - Days NSS Camp	26
19	Blood Donation Camp	41
20	National Youth Parliament	43
21	Plastic Awareness Drive	44
22	Annual Achievers	46
23	Media Coverage	47

TREE PLANTATION AND ENLIGHTENING LECTURE

2024-2025

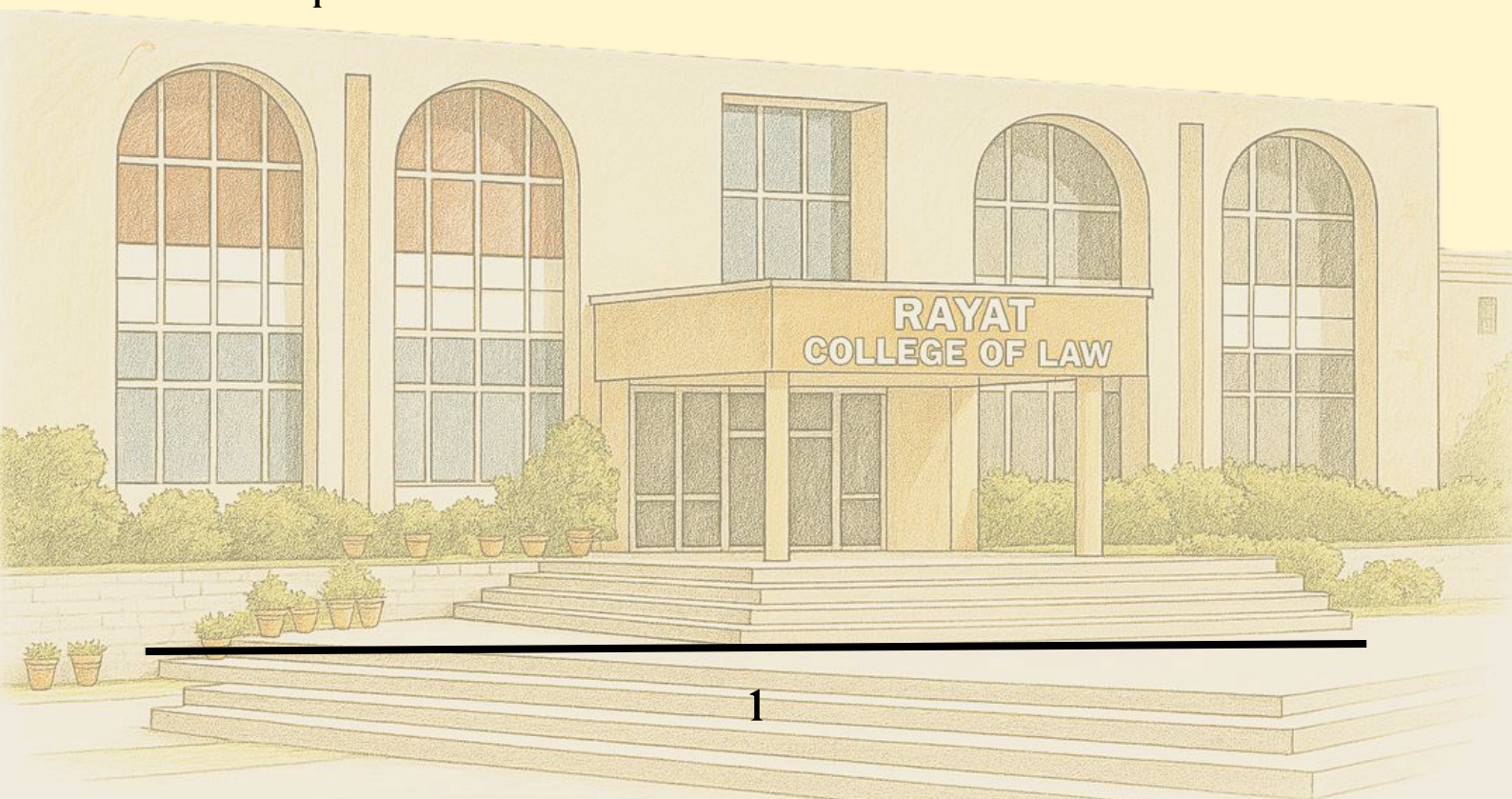
April 5 , 2024

The NSS unit of Rayat College of Law organized a special event focused on environmental conservation and cleanliness at the RCL campus. The theme of the event, "Green Tomorrow." resonated with the mission to create a sustainable and clean environment for the future.

A total of 65 enthusiastic volunteers participated in the event, showcasing their commitment to environmental conservation.

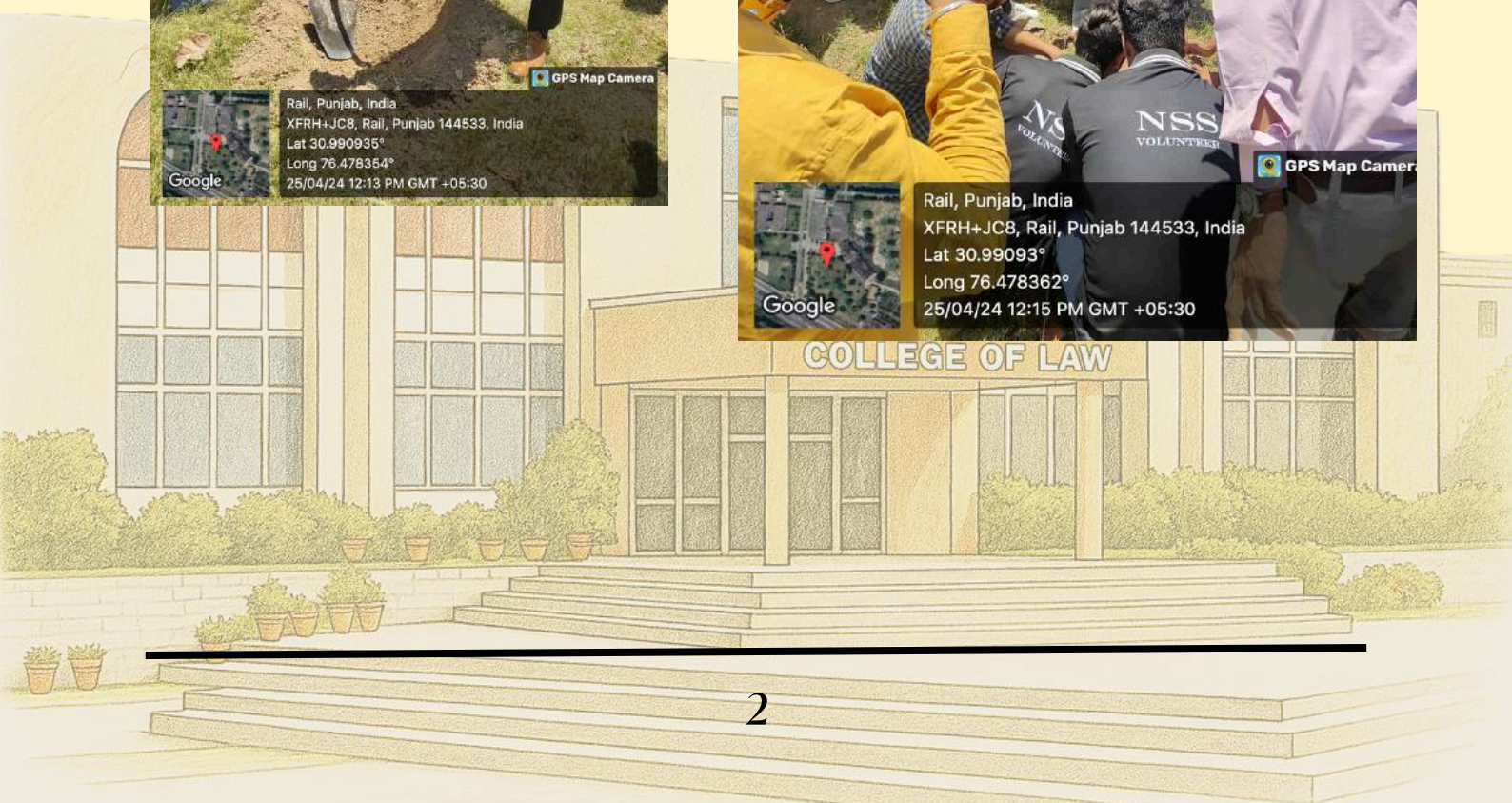
The event commenced with an insightful lecture by Dr. Sohnu, Program Officer of NSS RCL unit.

Following the lecture, volunteers actively participated in the plantation of trees at the RCL campus. Dr. Mahender Singh, Vice Principal of RCL, also joined the volunteers in the tree plantation activity, showcasing leadership and commitment to environmental conservation.



GLIMPSES OF THE DAY

2024-2025



ACHIEVEMENT OF PROFESSOR 2024-2025

SOHNU SAINI

May 6 to 8, 2024

Dr. Sohnu, Assistant Professor and NSS Programme Officer at Rayat College of Law, Railmajra, participated in a three-day State Level Training Programme on the Preparation of Department Disaster Management Plan held at Chandigarh, Sector 26. The programme was organized by the National Institute of Disaster Management (NIDM), Govt. of India, in collaboration with SDMA Punjab and MGSIPA.

The training brought together around 60 participants from various government departments and educational institutions across Punjab. It covered key aspects of disaster management, including Disaster Risk Reduction, hazard and vulnerability assessment, preparation of Disaster Management Plans, mitigation measures, and practical group exercises.

Dr. Sohnu appreciated the quality of training, expert faculty, and the residential format of the programme. His participation highlights Rayat College of Law's commitment to professional development and community-oriented initiatives.

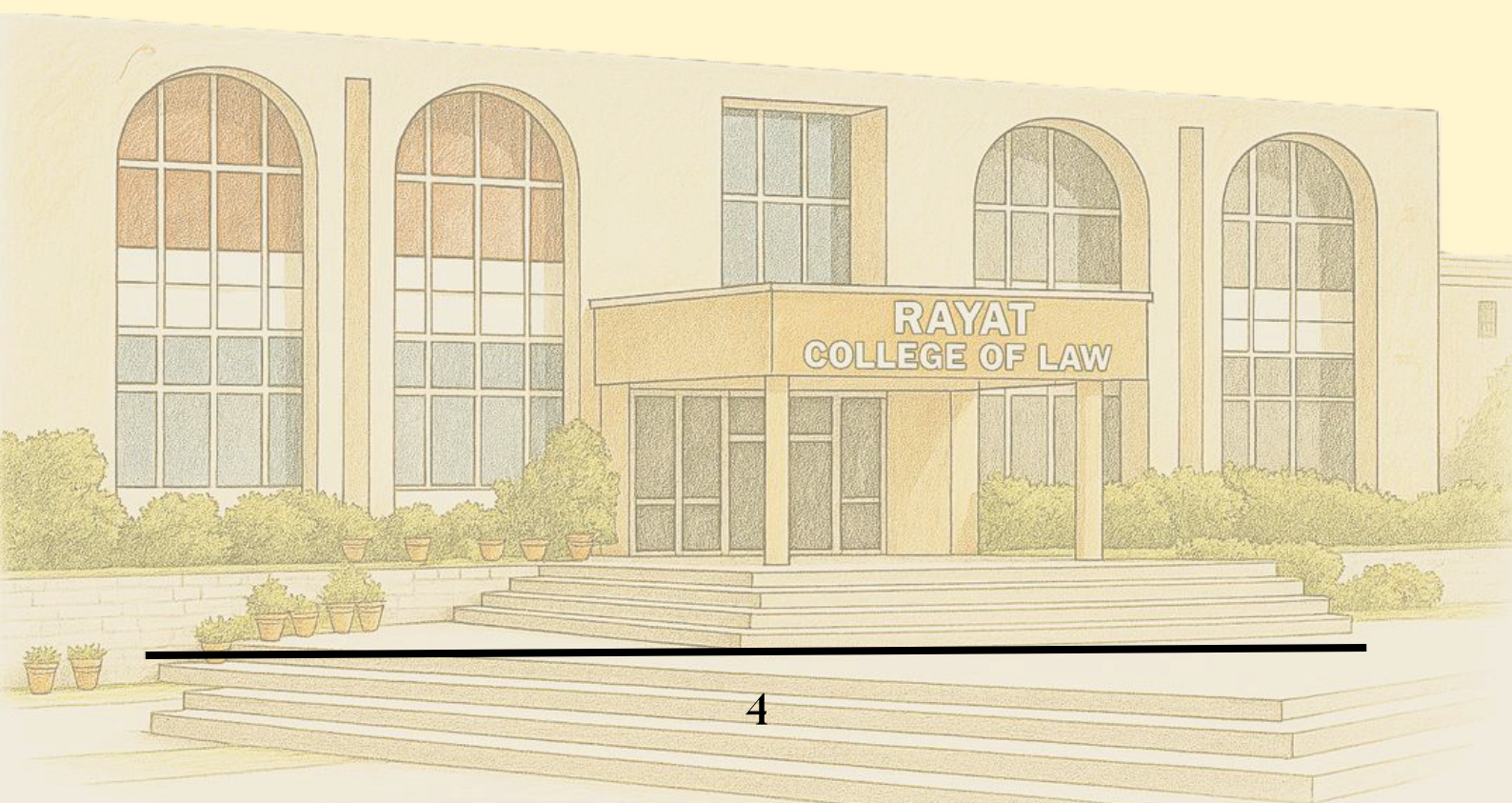


May 13 , 2024

This workshop was conducted online and aimed to educate NSS volunteers about the functionalities and benefits of the MYBharat portal, an initiative of the Ministry of Youth Affairs & Sports. The workshop was attended by approximately 65 NSS volunteers.

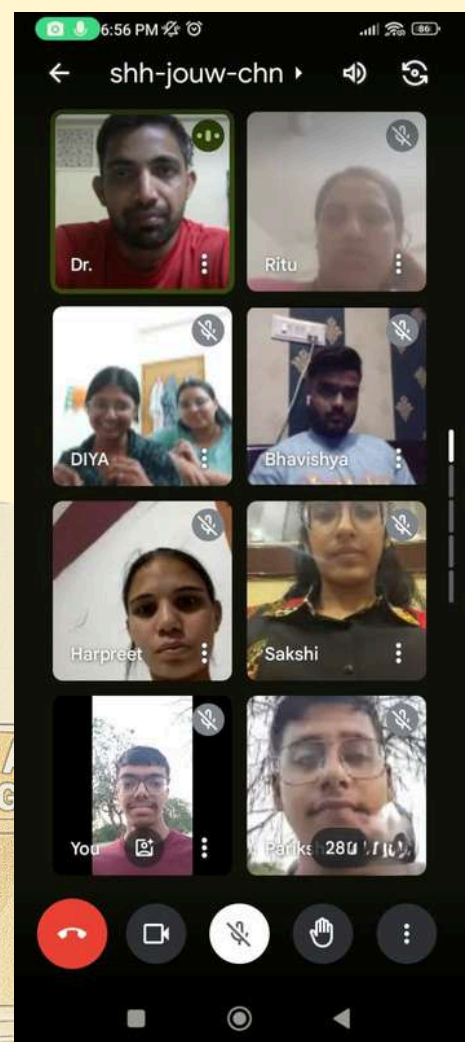
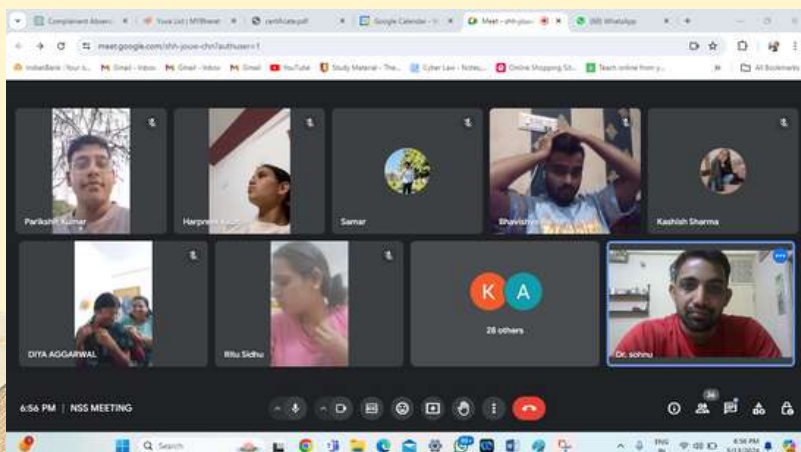
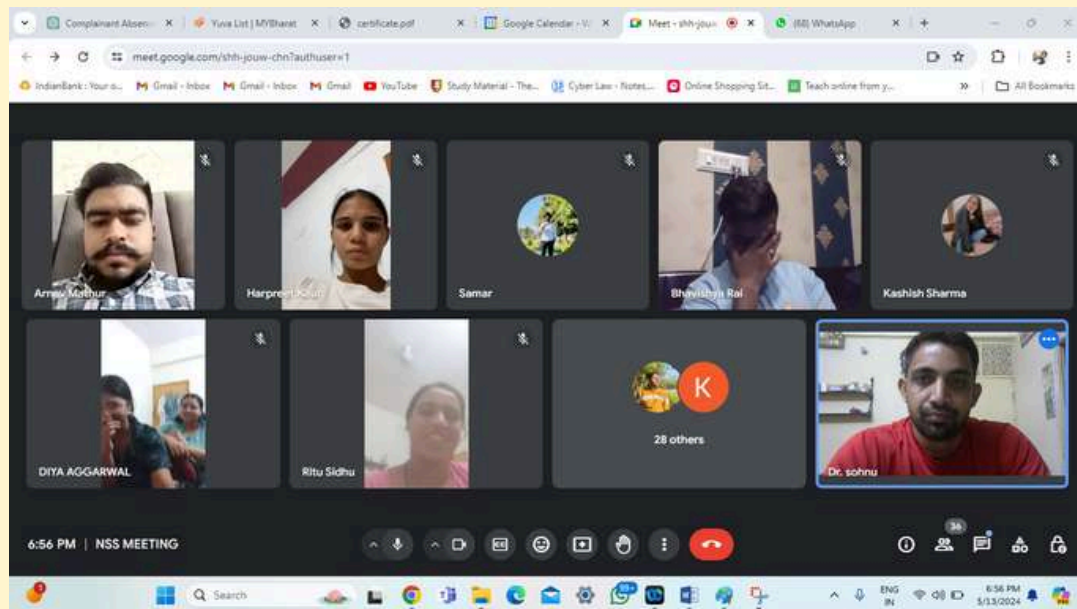
MYBharat is an initiative designed to empower Indian youth by providing opportunities for social mobility, ensuring educational equity, and offering practical skills development. The portal serves as a platform where youth can access various resources and opportunities to enhance their personal and professional growth.

Overall, the workshop served its purpose of familiarizing NSS volunteers with the MYBharat portal and empowering them to leverage its resources for their growth and advancement.



GLIMPSES OF THE DAY

2024-2025



3-DAY AWARENESS CAMP

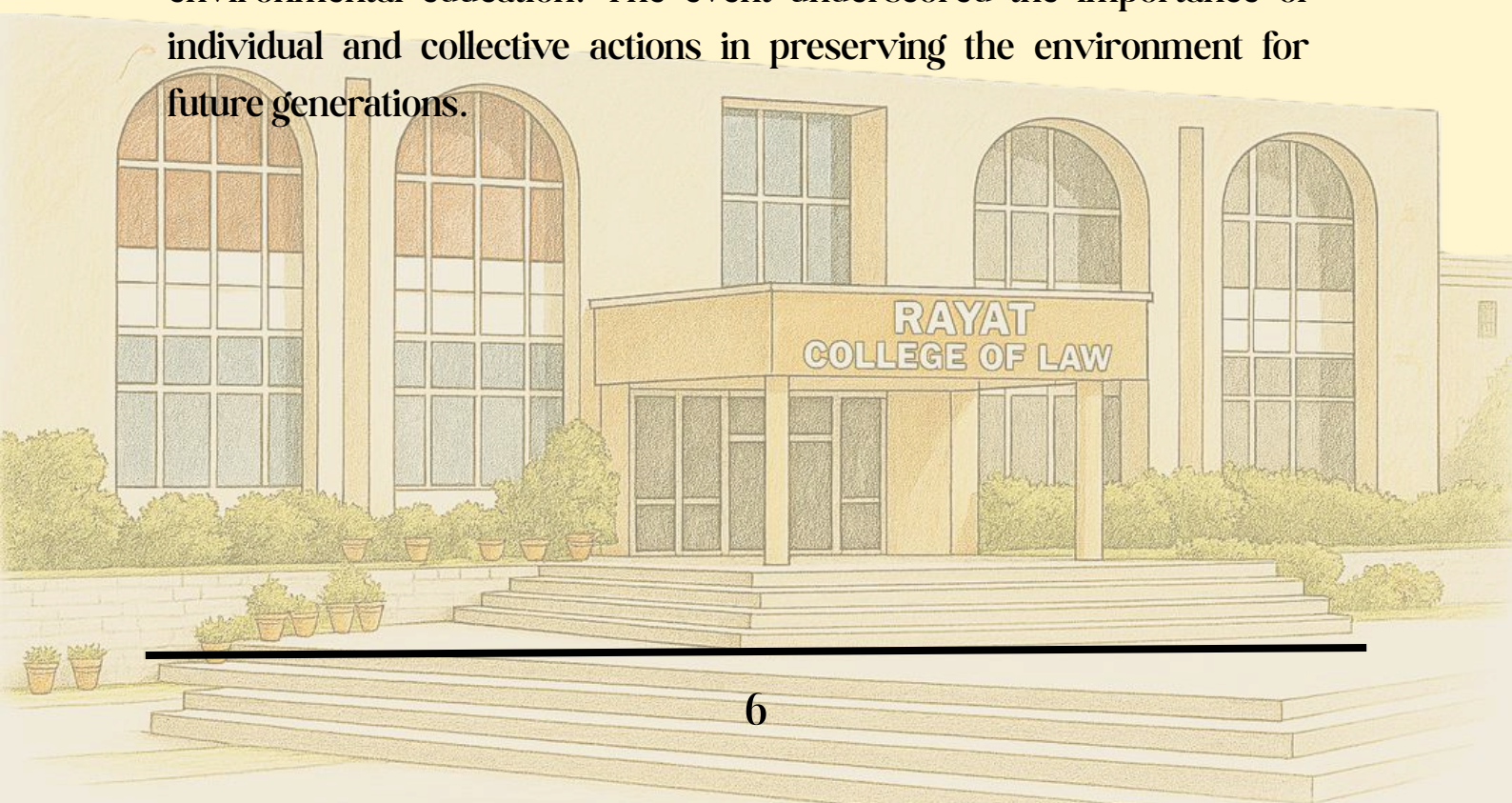
2024-2025

June 3 to 5 , 2024

The NSS Unit and Eco Club of Rayat College of Law , Railmajra organized a three-day camp under the Environment Education Programme, supported by the Punjab State Council for Science & Technology (State Nodal Agency) and the Ministry of Environment, Forest & Climate Change, Government of India.

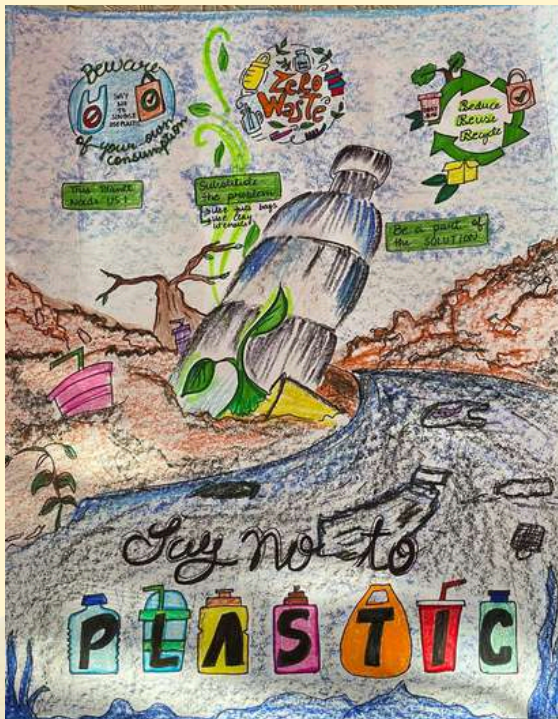
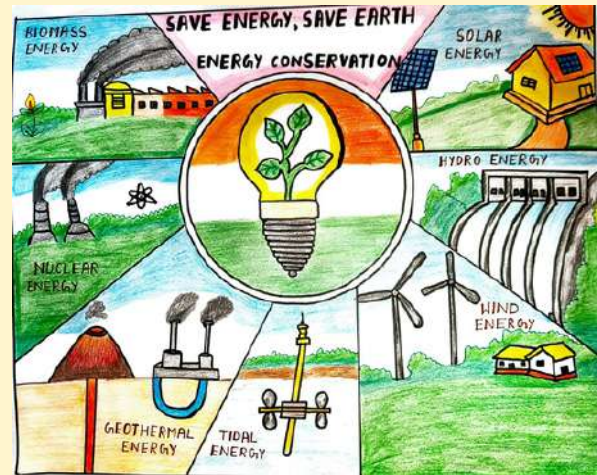
The three day camp included several activities like - tree plantation , videography & photography competitions , poster making competitions and many other activities.

The camp successfully raised awareness about environmental issues and promoted active participation in conservation efforts among students and faculty. The blend of competitions, hands-on activities, and educational sessions provided a comprehensive approach to environmental education. The event underscored the importance of individual and collective actions in preserving the environment for future generations.



A decorative graphic consisting of several colored squares (red, blue, yellow) arranged in a grid-like pattern.

2024-2025



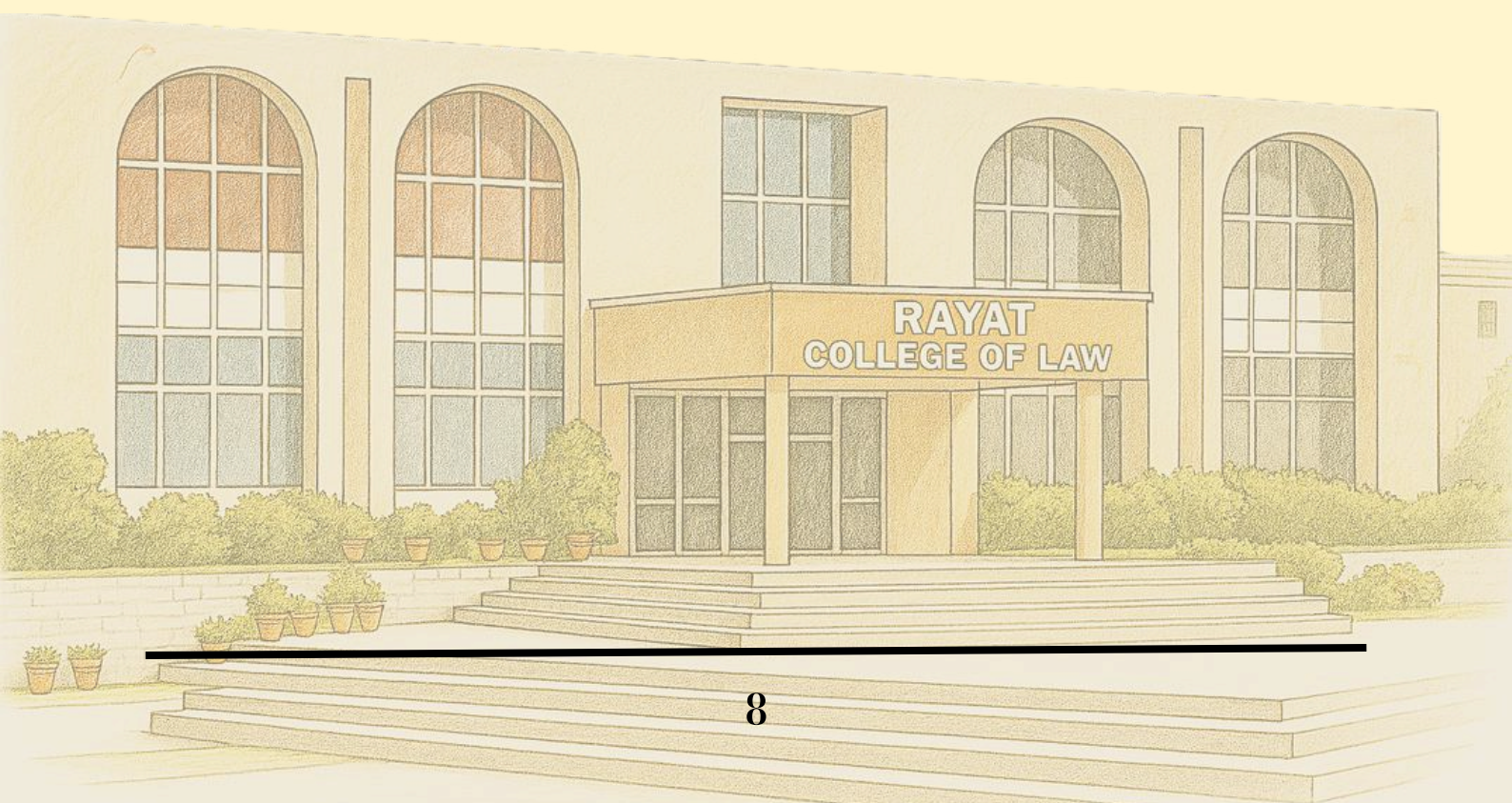
PLASTIC FREE DAY

July 24 , 2024

In a commendable effort to promote environmental sustainability, the NSS Unit and Environment Club of Rayat College of Law Railmajra organized a rally on Plastic Free Day in the adopted village of Railmajra.

A lecture on the rigorous use of plastic and why it should not be used was also delivered.

The highlight of the event was a skit performed by two talented volunteers , which vividly depicted the adverse effects of plastic on daily life.



GLIMPSES OF THE DAY

2024-2025



ONE-DAY EDUCATIONAL DRIVE

2024-2025

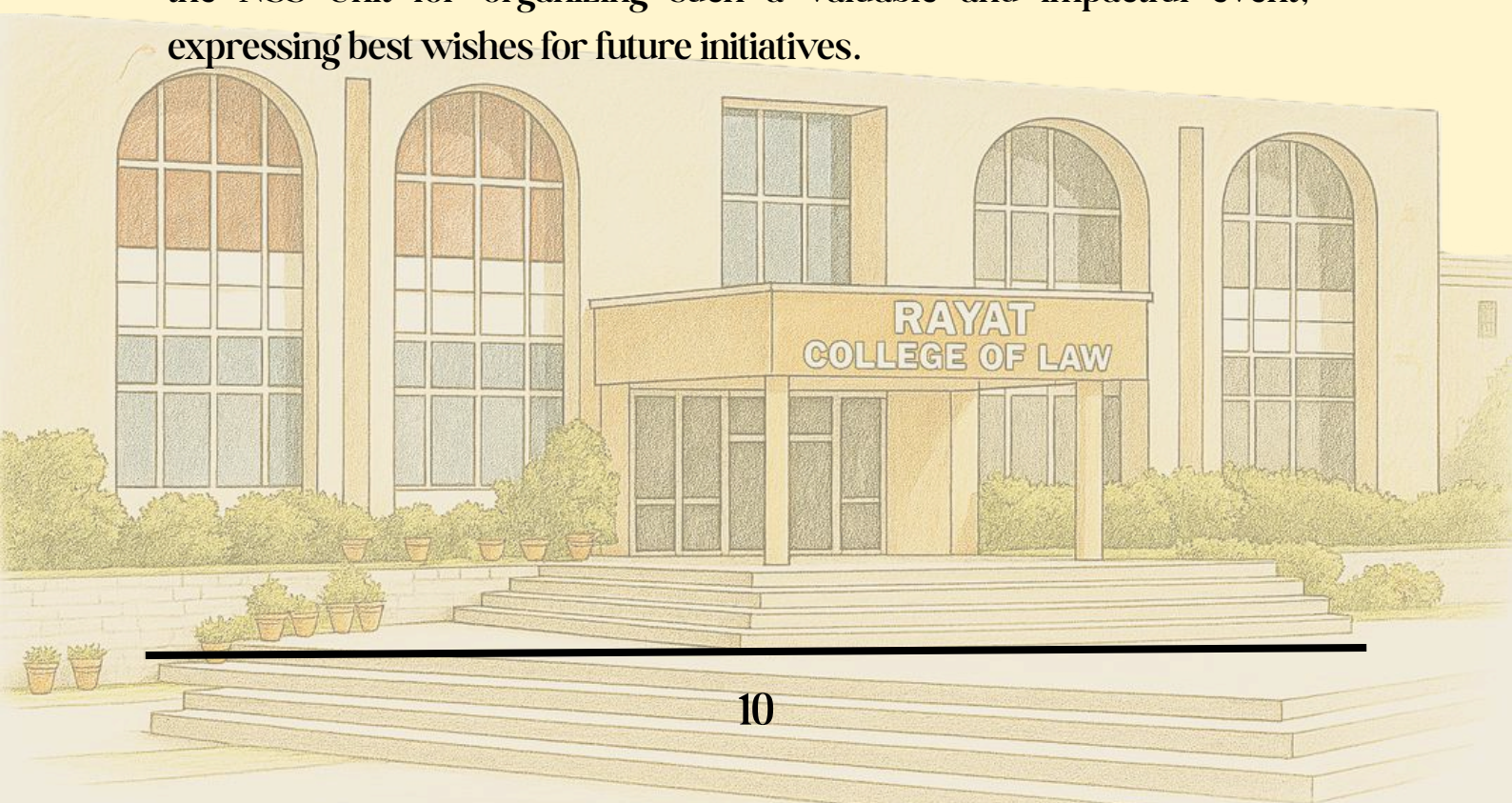
August 30 , 2024

The NSS Unit of Rayat College of Law, Railmajra, successfully conducted a one-day educational drive on social awareness at the Government Senior Secondary School in Railmajra. The event, which aimed to enlighten students on various social issues

an enthusiastic participation of around 100 students was seen.

Throughout the event, students actively engaged with the speakers, posing various questions about career prospects and social issues. Dr. Sohnu and his team addressed these queries with detailed and informative responses, enriching the students' understanding of the subjects discussed.

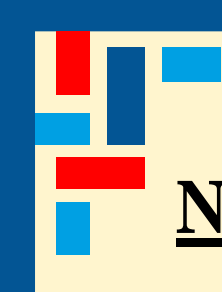
The principal of the Government Senior Secondary School commended the NSS Unit for organizing such a valuable and impactful event, expressing best wishes for future initiatives.



GLIMPSES OF THE DAY

2024-2025





NSS ORIENTATION **PROGRAMME**

2024-2025

September 10, 2024

The NSS Unit of Rayat College of Law successfully organized an orientation programme on 10th September 2024, with the participation of 120 NSS volunteers.

The event aimed to familiarize the volunteers with the objectives and activities of the National Service Scheme (NSS) and inspire them to actively contribute to social welfare.

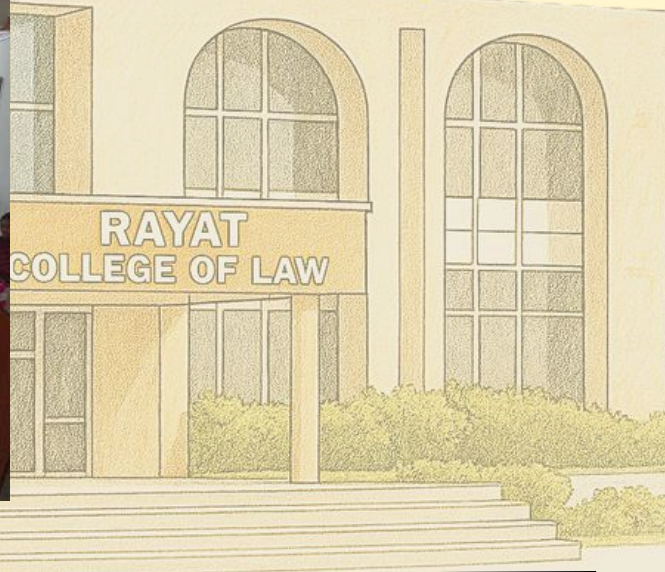
This programme was also conducted to enroll new and aspiring students in the nss unit of the college.

The programme commenced with an informative presentation delivered by NSS volunteers. They discussed the various activities undertaken by the NSS and underscored the importance of community service and personal growth through active involvement in the scheme.

The event concluded with a certificate distribution ceremony, during which Dr. Sohnu and Vice Principal, Dr. Mahender Singh, awarded certificates to all volunteers in recognition of their participation. Furthermore, 20 volunteers were honored with appreciation awards for their exemplary contributions to NSS activities over the past six months.

GLIMPSES OF THE DAY

2024-2025



VIRTUAL WORKSHOP ON **MYBHARAT PORTAL**

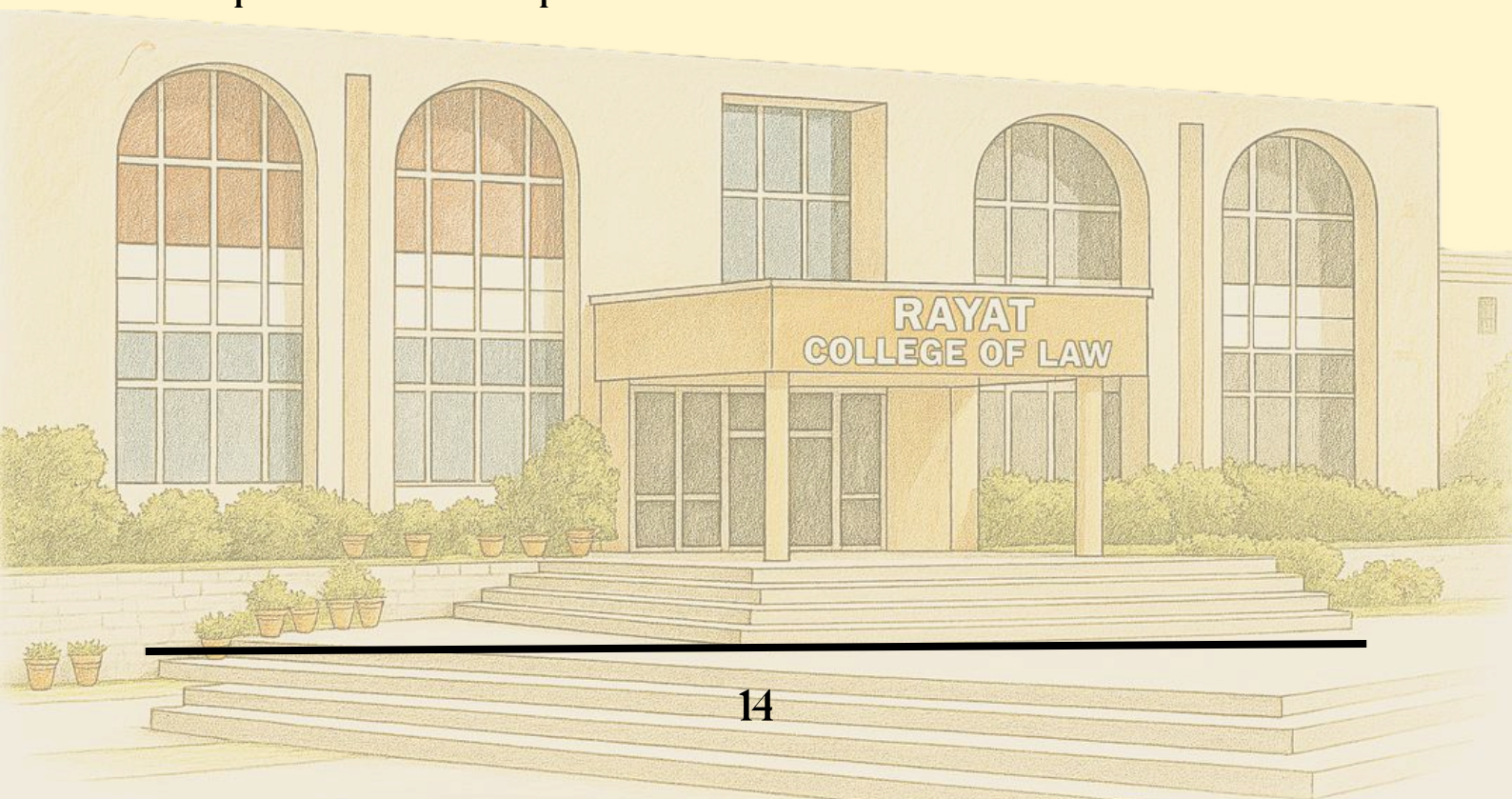
2024-2025

September 15 , 2024

a virtual workshop was organized by Dr. Sohnu, NSS Programme Officer, aimed at educating NSS volunteers about the MYBharat portal, an initiative by the Ministry of Youth Affairs & Sports. The workshop's objective was to introduce the portal's functionalities and benefits, empowering volunteers with tools for their personal and professional development.

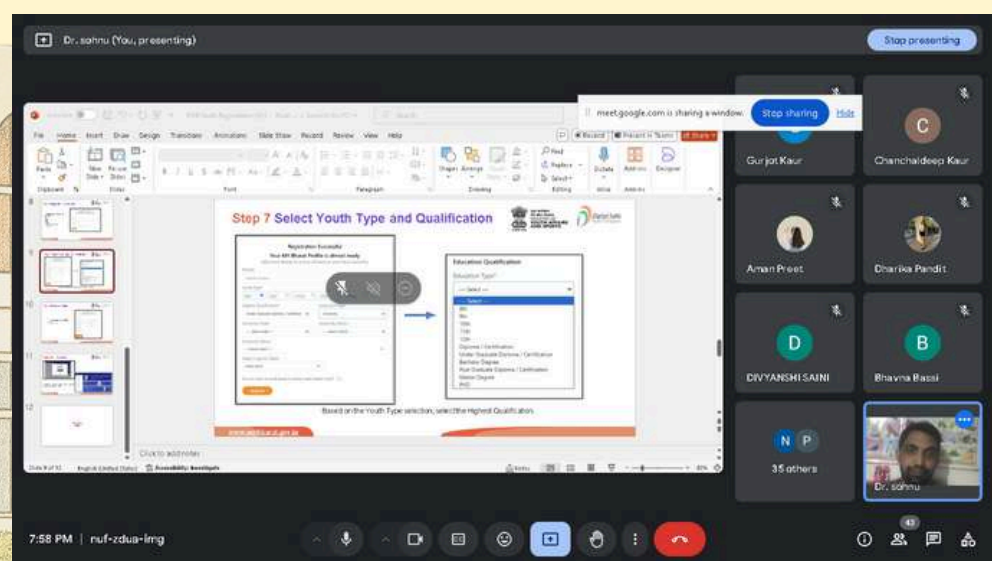
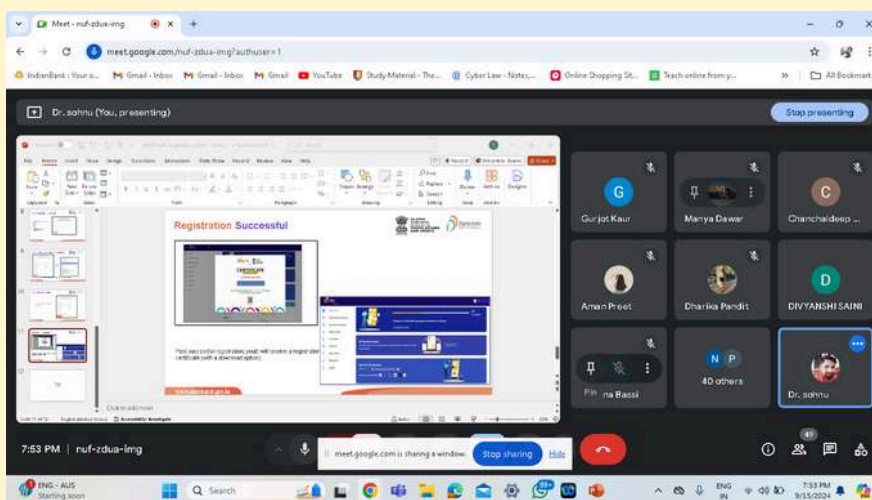
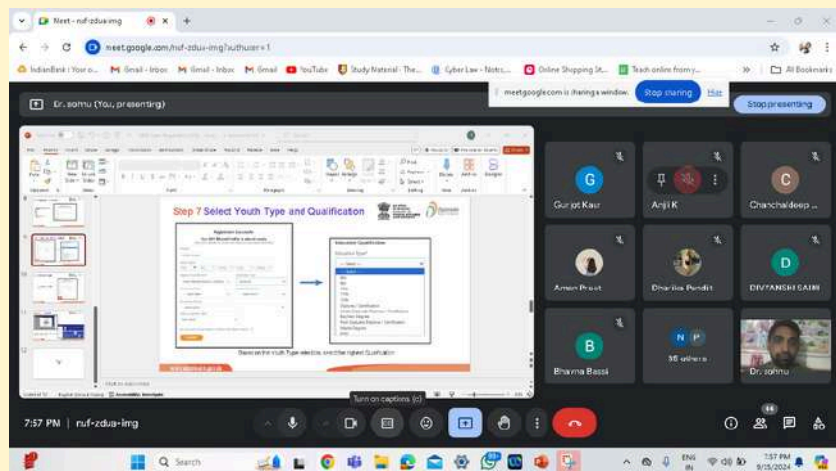
Approximately 60 NSS volunteers participated in the session.

The workshop was highly informative and beneficial for the NSS volunteers. It gave them a comprehensive understanding of the MYBharat portal's purpose, features, and how to navigate it. Dr. Sohnu encouraged the participants to actively engage with the platform to make the most of the opportunities available to them for their personal and professional development.



GLIMPSES OF THE DAY

2024-2025





CLEANLINESS DRIVE AT CIVIL HOSPITAL, ROPAR

2024-2025

September 18, 2024

On 18 September 2024, the NSS Unit of Rayat College of Law, Railmajra participated in an Experimental Learning Program at Civil Hospital, Ropar, organized through the MY Bharat Portal, an initiative of the Ministry of Youth Affairs & Sports aimed at promoting youth empowerment and practical learning.

The program was conducted in two sessions. In the first session, Mr. Pankaj Kumar, District Youth Officer, introduced the MY Bharat Portal and explained the Experimental Learning Program. Dr. Upinder, SMO, Civil Hospital, briefed the volunteers about basic healthcare facilities and guided them on assisting patients in OPD and administrative tasks. Dr. Sohnu, NSS Programme Officer, represented Rayat College of Law and provided an overview of the activity.

The second session involved a cleanliness drive under the Swachhata Hi Seva (SHS) Campaign, 2024, where NSS volunteers, along with hospital staff and officials, cleaned the hospital premises and spread awareness on cleanliness and hygiene.

The program began at 8:45 AM and was coordinated by Dr. Sohnu. Participating volunteers included Nikhil, Parikshit, Mridul Mehta, Sidharth Handa, Samariqbal Singh, Sarthak, Tania, Simran Sharma, Bhavna, Inderpreet, Karina, Hetall Dhiman, Eknoorpreet, and Sushant Ladhar.

All volunteers received certificates of participation and shared positive reflections on the learning experience. Dr. Monika Sharma appreciated the efforts of the NSS Unit and the initiative taken by Dr. Sohnu in organizing the event.

If you want it even shorter (one-paragraph version) or tailored for NAAC/AQAR format, the content can be compressed further without losing substance



GLIMPSES OF THE DAY

2024-2025



RAYAT
COLLEGE OF LAW

CLEANLINESS DRIVE AT INDUS VALLEY CIVILIZATION SITE

2024-2025

September 23 , 2024

As part of the nationwide Swachhata Hi Seva (SHS) Campaign 2024, the NSS Unit of Rayat College of Law, Railmajra, led a cleanliness drive at the historic Indus Valley Civilization site in Ropar.

The volunteers took the initiative to clean the heritage site, spreading the message of environmental responsibility and the importance of maintaining cleanliness at historical landmarks. Their efforts were a practical demonstration of the campaign's goals, aligning with the broader "Swachh Bharat" vision of promoting cleanliness and hygiene.



RAYAT
COLLEGE OF LAW

PLEDGE CEREMONY AND CLEANLINESS DRIVE

2024-2025

October 1 , 2024

a Pledge Ceremony and Cleanliness Drive as part of the nationwide "Swachhata Hi Seva Campaign 2024" were organised . The event saw enthusiastic participation from around 150 college students, 100 NSS volunteers, and 15 teachers. The event was divided into two sessions:

Session 1: Pledge Ceremony

Session 2: Cleanliness Drive

The Swachhata Hi Seva campaign was a great success, with participants motivated to continue the spirit of cleanliness in their daily lives.



QUIZ COMPETITION AND PLEDGE CEREMONY

2024-2025

November 12, 2024

As part of the Environment Education Programme, supported by the Punjab State Council for Science & Technology and the Ministry of Environment, Forest & Climate Change, Government of India, The NSS Unit and Eco Club of Rayat College of Law organized a Quiz Competition and Pledge Ceremony.

The theme for the event was - "My Environment, My Responsibility".



PLEDGE ON PREAMBLE

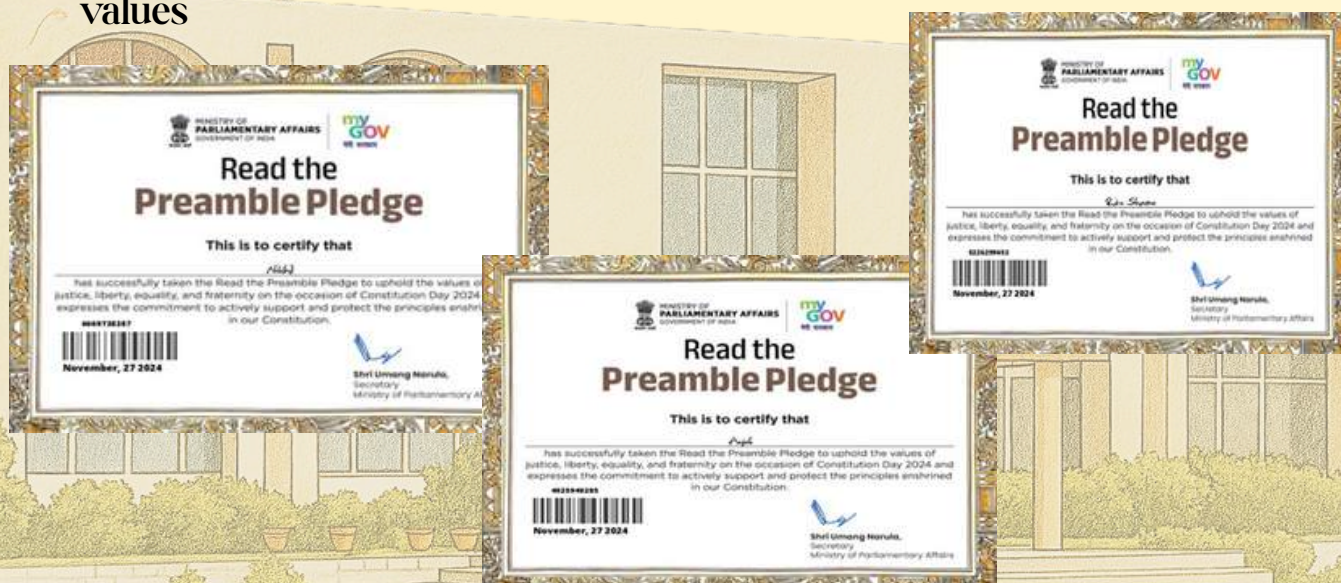
2024-2025

November 27, 2024

On the occasion of Samvidhan Diwas (Constitution Day) celebrated on 27th November, 2024 the National Service Scheme (NSS) unit of our institution organized the Preamble Pledge ceremony. The program was conducted to remind students of the values, duties, and rights enshrined in the Indian Constitution and to strengthen their sense of national pride and responsibility.

The event began with a brief introduction about the significance of Constitution Day and the importance of the Preamble as the guiding spirit of the Constitution. The Preamble highlights the ideals of Justice, Liberty, Equality, and Fraternity which form the foundation of our democratic nation.

After the introduction, all NSS volunteers, teachers, and participants joined together to solemnly take the Preamble Pledge, led by the program officer. The pledge was recited with discipline and enthusiasm, reflecting the commitment of students towards upholding constitutional values



QUIZ

November 30, 2024

On the occasion of Samvidhan Diwas (Constitution Day), a quiz competition was organized by the NSS unit on 30th November, 2024 to spread awareness about the Indian Constitution and its values. The quiz aimed to encourage students to gain knowledge about constitutional rights, duties, and fundamental principles.

A large number of NSS volunteers actively participated with great enthusiasm. The quiz covered topics such as the Preamble, Fundamental Rights, Fundamental Duties, Directive Principles of State Policy, and important constitutional amendments.

The event was successful in enhancing constitutional awareness among students and promoting the spirit of democracy and unity. Winners were appreciated for their performance, and all participants were encouraged to continue learning about the Constitution.



PARTICIPATION IN NAAC

PEER TEM VISIT

2024-2025

January 20 & 21, 2025

The NAAC Peer Team visited Rayat College of Law, Railmajra on 20th and 21st January 2025. In accordance with the directions issued prior to the visit, 25 NSS volunteers of the institution actively participated and carried out their responsibilities with discipline, dedication, and enthusiasm.

The volunteers contributed significantly in multiple areas:

Maintaining decorum and discipline throughout the two-day event, Welcoming and guiding the NAAC Peer Team members, ensuring smooth movement across the campus, Interacting with alumni and parents, sharing details about NSS achievements and initiatives, Maintaining cleanliness and organization in and around the designated areas, Coordinating with faculty members and providing assistance in administrative arrangements.



FOUR-DAY TRAINING PROGRAM ON LIFE SKILLS EDUCATION

2024-2025

January 21 to 24, 2024

The Rajiv Gandhi National Institute of Youth Development (RGNIYD), Regional Centre, Chandigarh, organized a State Level Four-Day Training Programme on Life Skills Education from 21st to 24th January 2025. Simran and Navjot Singh from Rayat College of Law, Railmajra, represented Panjab University, Chandigarh in the programme.

The training aimed to enhance self-awareness, empathy, communication, leadership, decision-making, problem-solving, emotional resilience, and critical thinking skills. Over four days, participants attended sessions on life skills for leadership, self-development, stress management, career planning, and time management, along with interactive activities and group exercises.

Both students actively participated in all sessions and also contributed to the cultural evening. Navjot Singh delivered a soulful musical performance, while Simran presented a thought-provoking poem recitation. Their performances were widely appreciated and reflected credit on Rayat College of Law and Panjab University. Certificates were awarded during the valedictory ceremony.



4-DAYS TRAINING ON LEADERSHIP AND COMMUNITY DEVELOPMENT

2024-2025

January 28 to 31, 2024

A 4-day training programme on Leadership and Community Development was organized by RGNIYD Regional Centre, Chandigarh from 28th-31st January 2025. Rayat College of Law, Railmajra nominated 4 NSS volunteers - Ankush Sharma, Kripa Vij, Lavi Bharadwaj, and Umesh Gadhwal - to participate.

The training covered leadership qualities, time management, decision-making, communication skills, and teamwork through interactive sessions, group activities, and talent programmes. Volunteers actively engaged in practical exercises such as model-building and problem-solving tasks, which enhanced their confidence and creativity.

On the concluding day, participants received certificates, and one volunteer from Rayat College of Law was awarded the Creative Director Badge. The programme had a positive impact on volunteers, equipping them with leadership skills, discipline, and social responsibility.



7 DAYS NSS CAMP

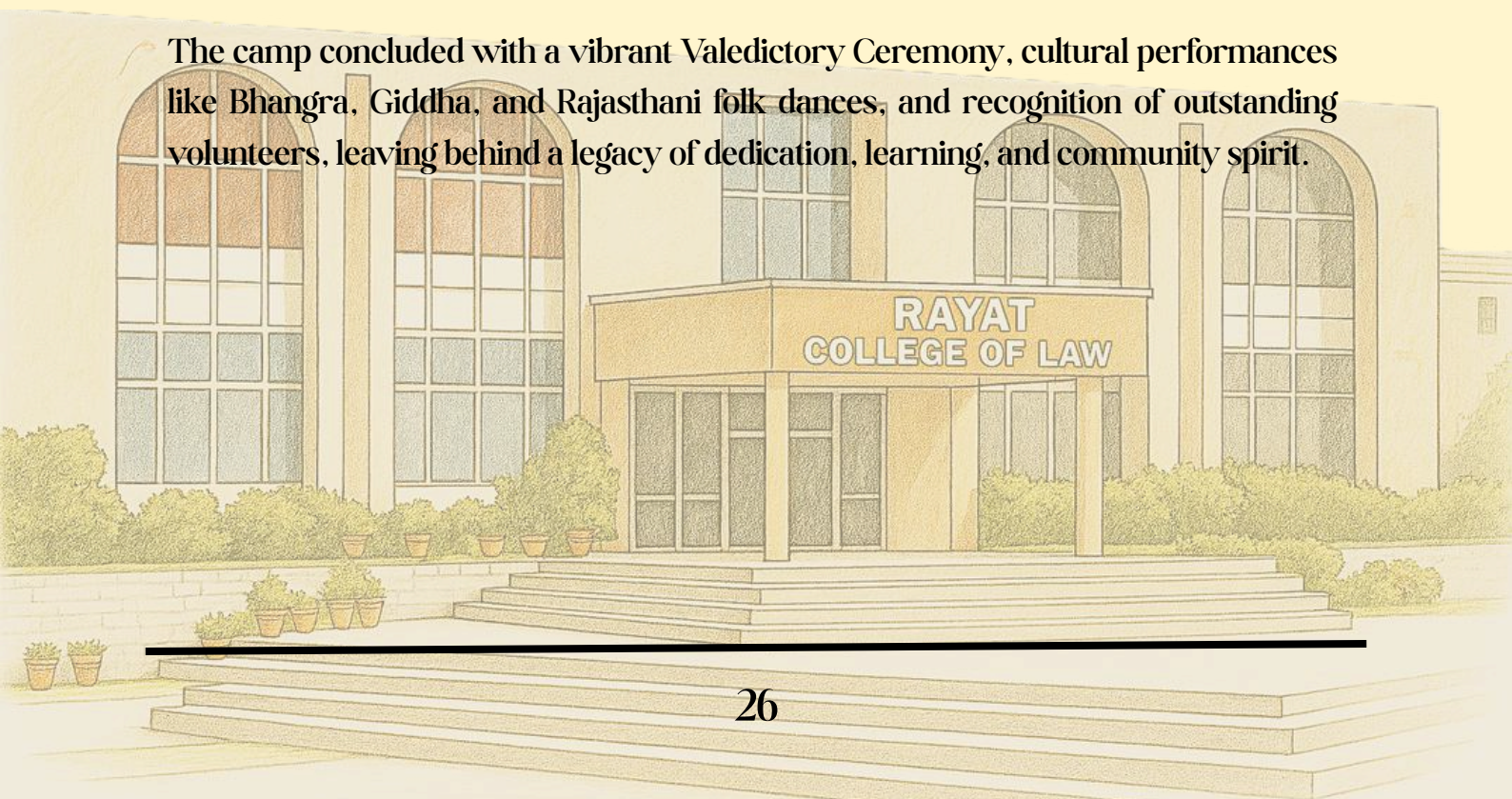
February 6 - 12 , 2025

The 7-Day NSS Camp organized by Rayat College of Law from February 6 to 12, 2025, was a powerful journey of service, awareness, and personal growth, held across the college campus and the adopted village of Railmajra.

The camp commenced with a grand inauguration ceremony graced by distinguished guests who emphasized the core values of NSS and the My Bharat initiative. Throughout the week, volunteers actively participated in a range of impactful activities including cleanliness drives, digital literacy and cyber security awareness, tree plantation, poster and rangoli making, and environmental quizzes.

A significant highlight was the Cyber Security Awareness Rally and Nukkad Nataks, which effectively engaged villagers in conversations about online safety. Volunteers also conducted door-to-door surveys, hosted sessions in local schools, and inaugurated a Legal Aid Clinic, empowering the community with essential legal knowledge. Creative competitions, team-building exercises, and Ann Seva further strengthened the bond among participants.

The camp concluded with a vibrant Valedictory Ceremony, cultural performances like Bhangra, Giddha, and Rajasthani folk dances, and recognition of outstanding volunteers, leaving behind a legacy of dedication, learning, and community spirit.



DAY 1: INAUGURATION & ORIENTATION

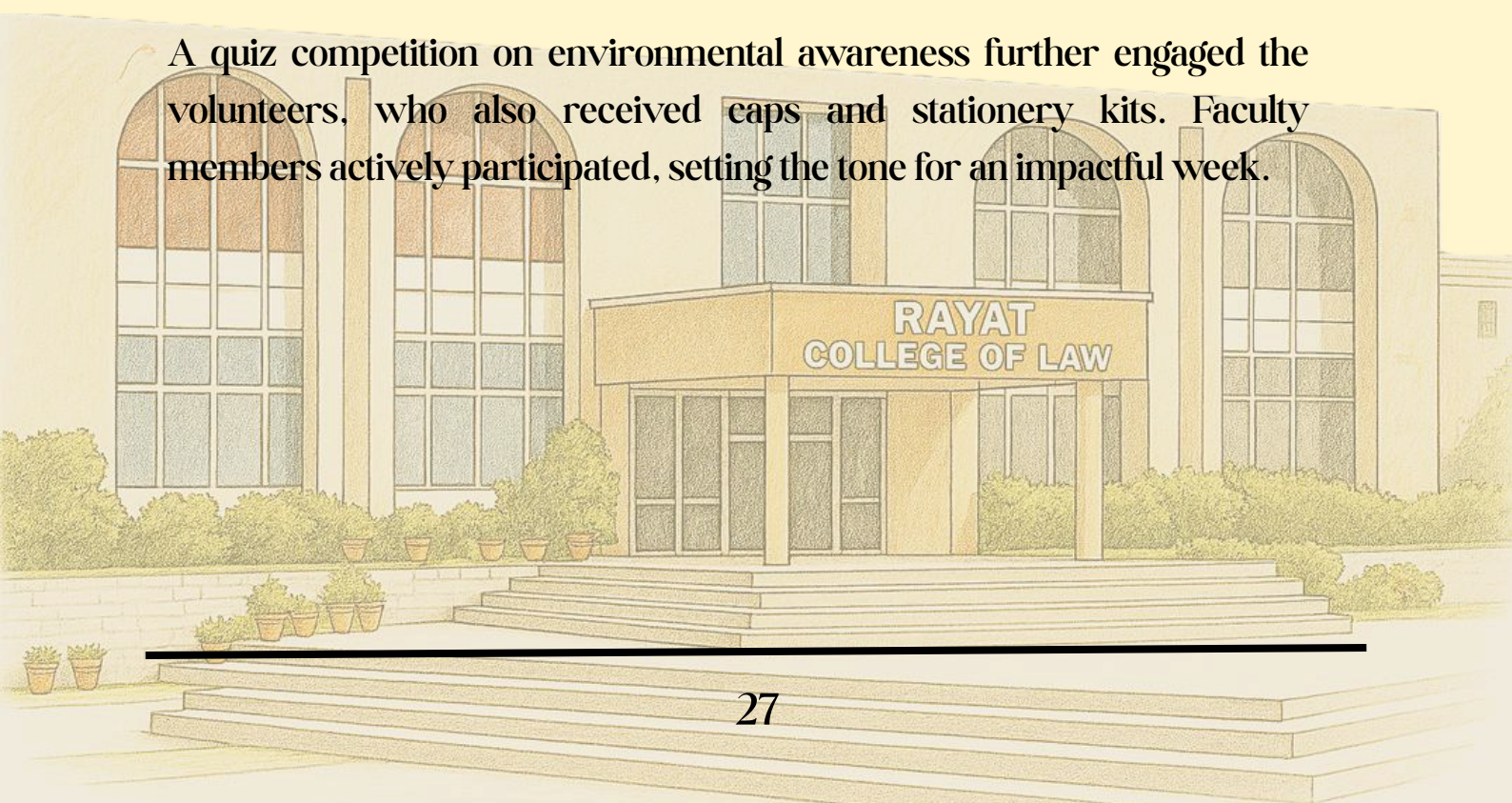
2024-2025

February 6 , 2025

The NSS Unit at Rayat College of Law commenced its 7-day camp with a grand inauguration ceremony. Chief Guest Dr. Parveen Goyal (NSS Coordinator, Panjab University) and Guest of Honour Dr. Sonia Sharma (Master Trainer, My Bharat Portal) addressed the gathering, emphasizing the values of NSS and the objectives of the My Bharat initiative.

Principal Dr. Monika Sharma extended a warm welcome and appreciated the volunteers' enthusiasm, while Programme Officer Dr. Sohnu unveiled the detailed schedule for the camp. The event concluded with a Vote of Thanks by Vice Principal Dr. Mahender Singh. Various competitions like Poster Making and Rangoli Making on the theme "Save Environment" were held, along with a Tree Plantation Drive, an awareness rally, and a life pledge for environmental protection.

A quiz competition on environmental awareness further engaged the volunteers, who also received caps and stationery kits. Faculty members actively participated, setting the tone for an impactful week.



GLIMPSES OF THE DAY

2024-2025



DAY 2: CLEANLINESS DRIVE & 2024-2025

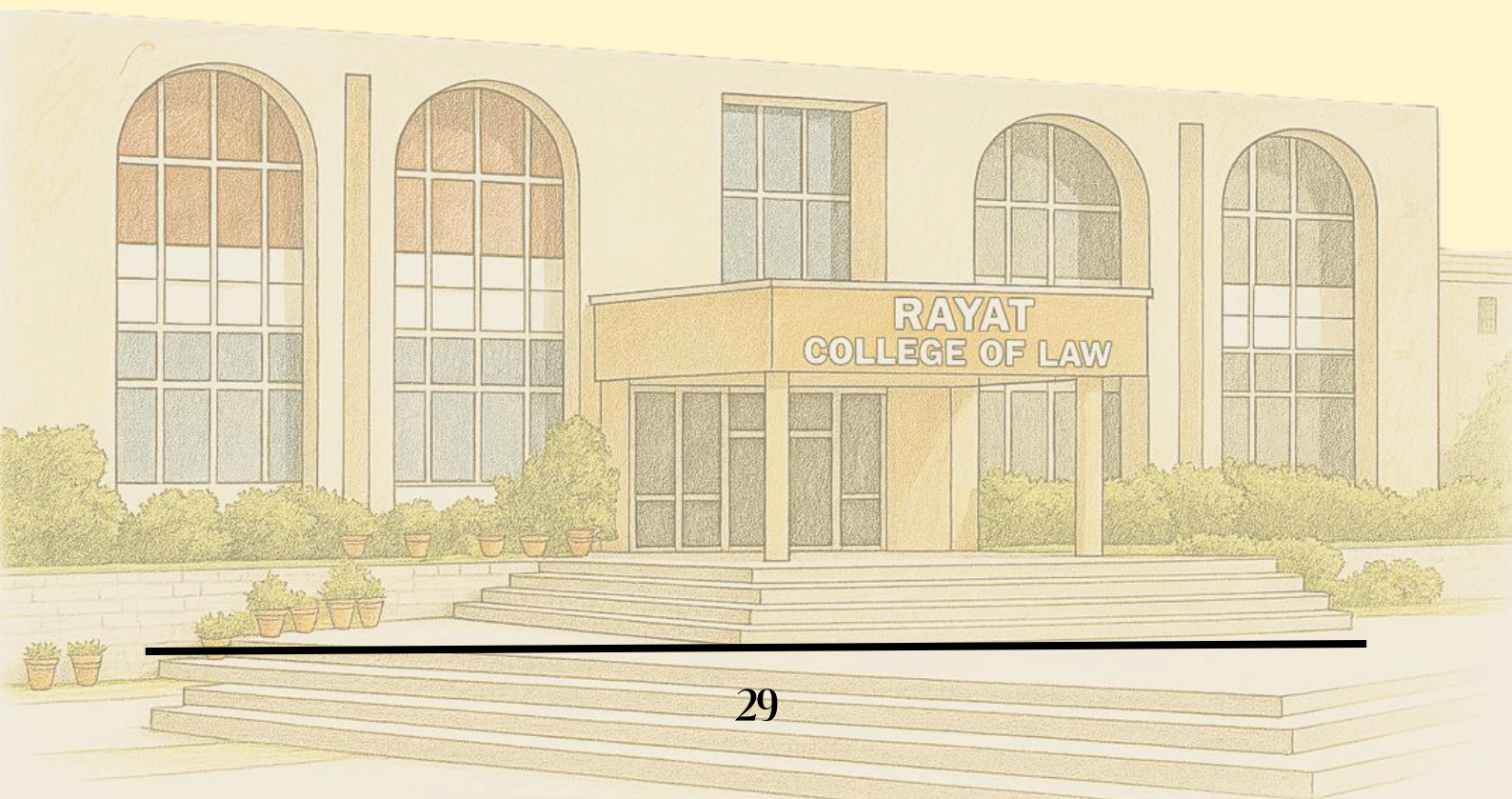
DIGITAL LITERACY AWARENESS

February 7 , 2025

The second day of the NSS Camp began with volunteers arriving at the adopted village, Railmajra, where they stayed at the local Gurudwara Sahib. The day began with a cleanliness drive where volunteers took charge of hygiene in their living and kitchen spaces.

Dr. Sohnu delivered an insightful lecture on digital literacy, discussing online safety, government digital initiatives, and fraud prevention. Volunteers were trained in survey methodology before heading out in groups to conduct door-to-door surveys, spreading digital awareness among villagers.

The afternoon was spent in shared meal preparation and team bonding, followed by a planning session for the next day's events. The day reflected true NSS spirit through education, cleanliness, and community interaction.



GLIMPSES OF THE DAY

2024-2025



DAY 3: LEARNING, SERVICE & AWARENESS

2024-2025

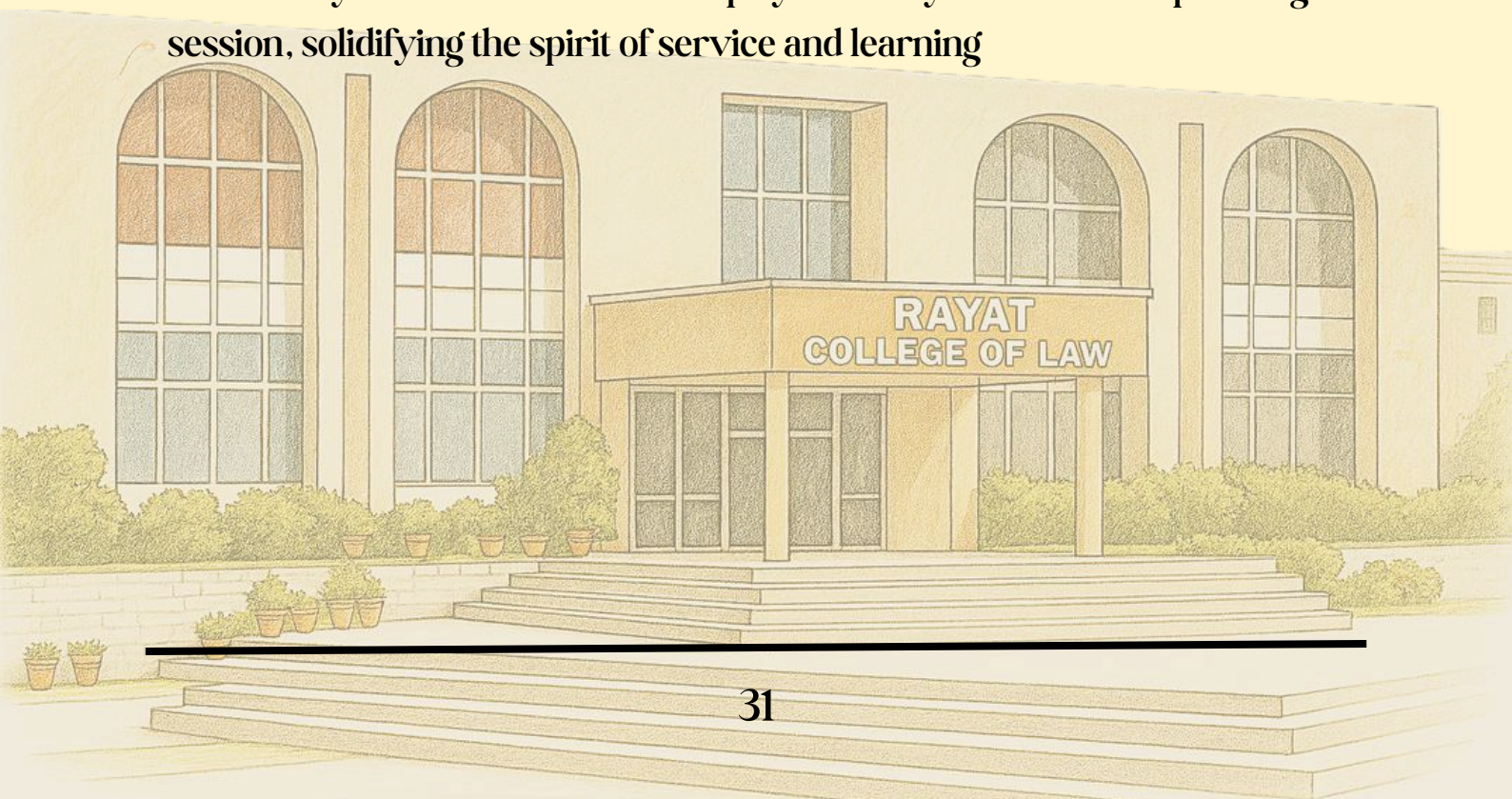
February 8 , 2025

Day 3 of the camp was a blend of spirituality, fitness, and intellectual engagement. The morning began with prayers at the Gurudwara followed by a yoga session led by volunteer Aarzu.

A declamation competition tested the oratory skills of students on socially relevant topics. Volunteers again came together to prepare and share lunch, building camaraderie.

Later, Dr. Sohnu conducted a lecture on cyber security, enlightening students about threats, legal safeguards, and safety measures. The volunteers analyzed the digital survey data collected the previous day to assess local awareness levels.

The evening featured Ann Seva, where food was distributed to children, followed by rehearsals for a street play. The day ended with a planning session, solidifying the spirit of service and learning



GLIMPSES OF THE DAY

2024-2025



DAY 4: CYBER SECURITY

2024-2025

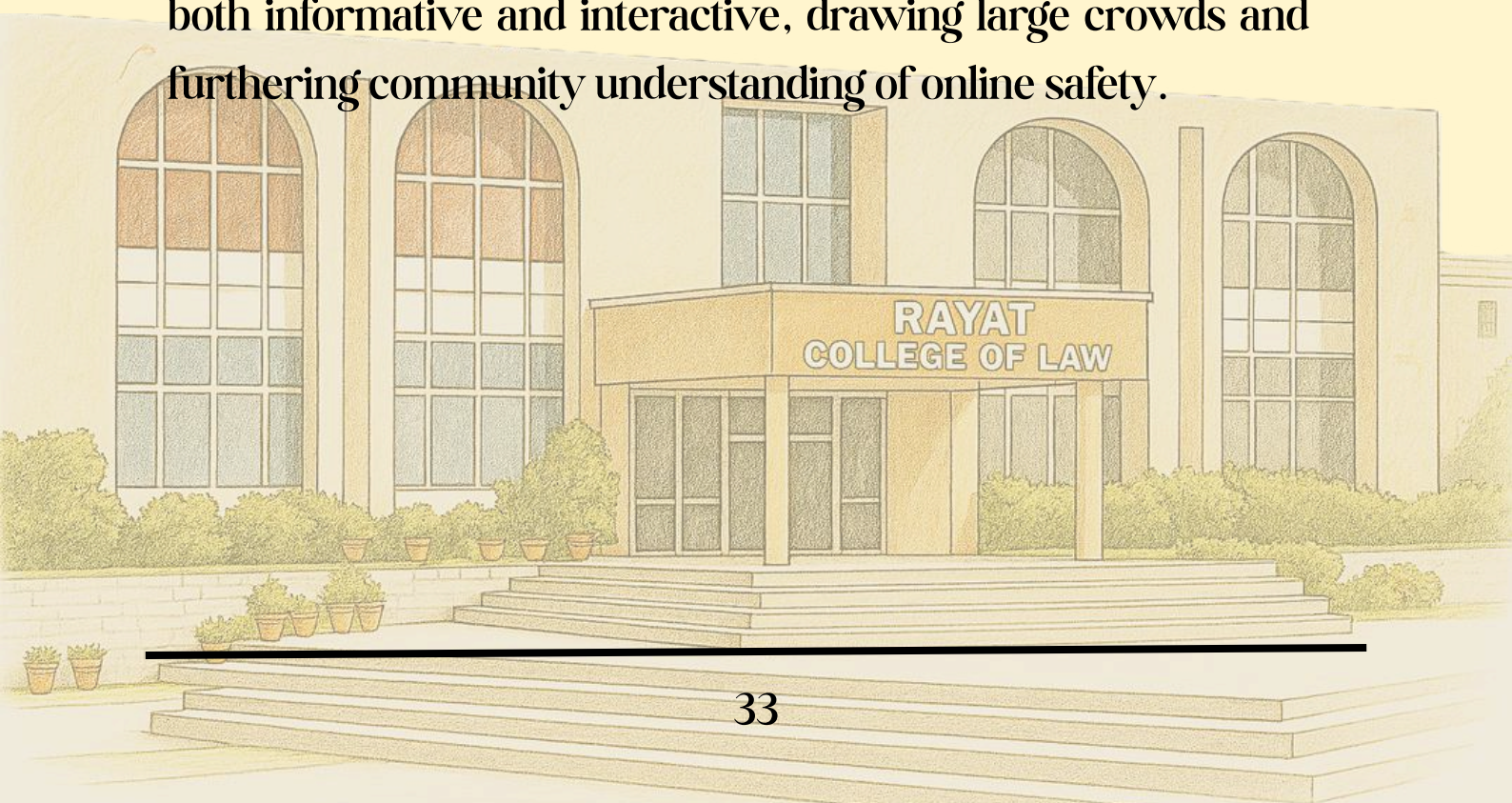
AWARENESS RALLY

February 9 , 2025

Focusing on digital safety, Day 4 featured a Cyber Security Awareness Rally led by Dr. Sohnu. Volunteers marched with slogans like "Stay Safe Online, Stay Secure" and "Think Before You Click," engaging villagers through pamphlet distribution and open discussions.

The NSS unit also visited a gurudwara to embrace spirituality.

The street play performances (Nukkad Nataks) staged at key locations powerfully depicted cybercrime scenarios and emphasized preventative action. The day's activities were both informative and interactive, drawing large crowds and furthering community understanding of online safety.



GLIMPSES OF THE DAY

2024-2025



DAY 5: AWARENESS &

2024-2025

COMMUNITY ENGAGEMENT

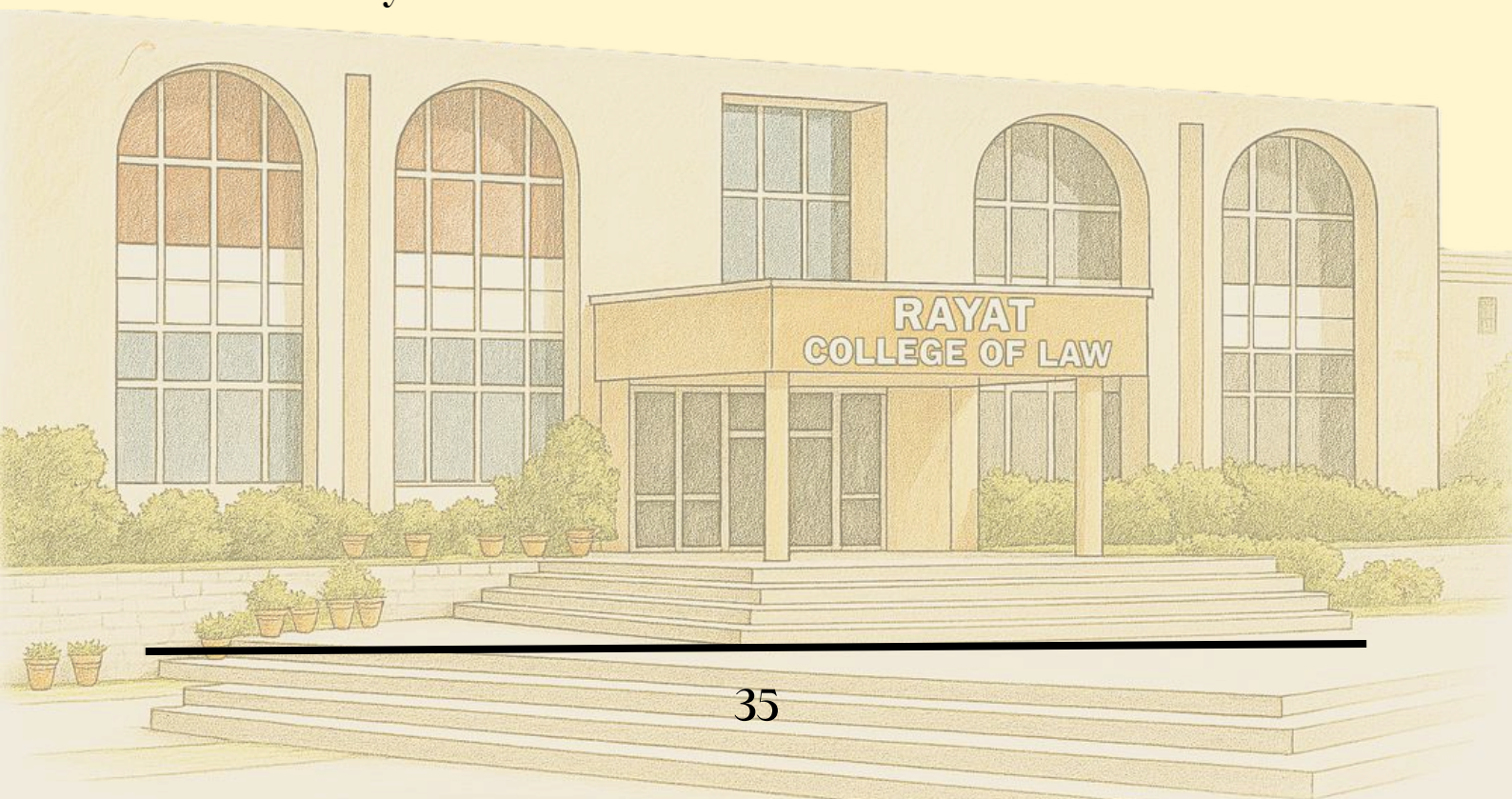
February 10 , 2025

The fifth day emphasized community involvement and digital awareness. Activities began with "Pick Up the Cap," a fun team-building exercise, followed by another cyber security rally.

Volunteers visited the Government School in Rail village to educate senior students about online threats and safe digital practices. Interactive sessions, a cybercrime-themed street play, and a special lecture by student volunteers Simran and Amritpal made the visit impactful.

Volunteers also distributed stationery kits to schoolchildren. The afternoon included a group lunch and a thoughtful discussion on pressing issues like peer pressure, mental health, and child abuse.

The planning session for the next day further fueled their enthusiasm for community service.



GLIMPSES OF THE DAY

2024-2025



DAY 6: LEGAL AID CLINIC & COMMUNITY ENGAGEMENT

2024-2025

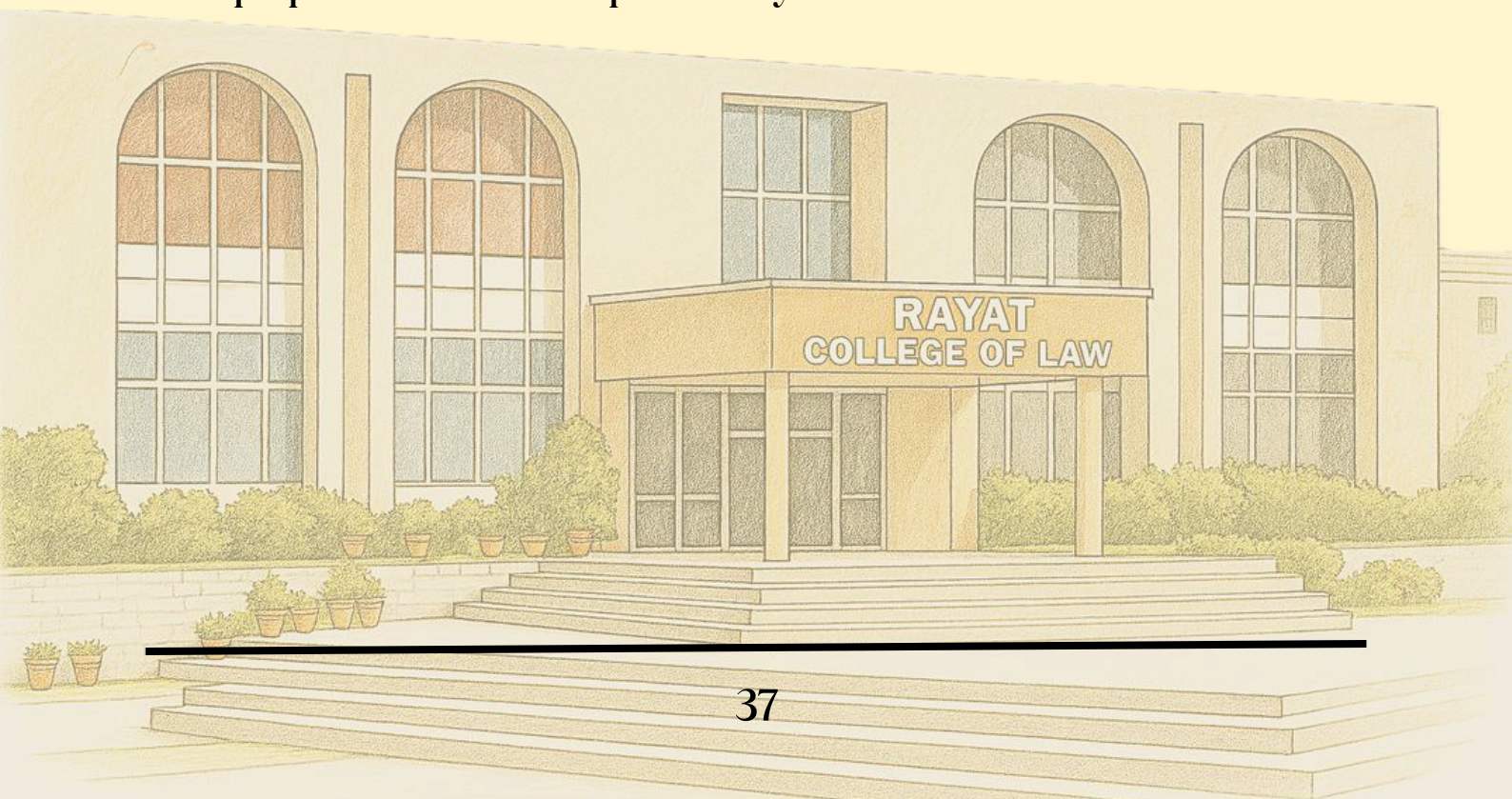
February 11 , 2025

On Day 6, legal literacy took center stage. Dr. Aakashdeep conducted an informative session on legal aid and paralegal work, followed by the inauguration of a Legal Aid Clinic providing free consultations.

Chief Guest Mr. Vijay Pal Singh and village Sarpanch Satpal Singh praised the initiative, which saw active participation from women villagers. Media representative Mr. Yogesh Malhotra emphasized the role of journalism in spreading legal awareness.

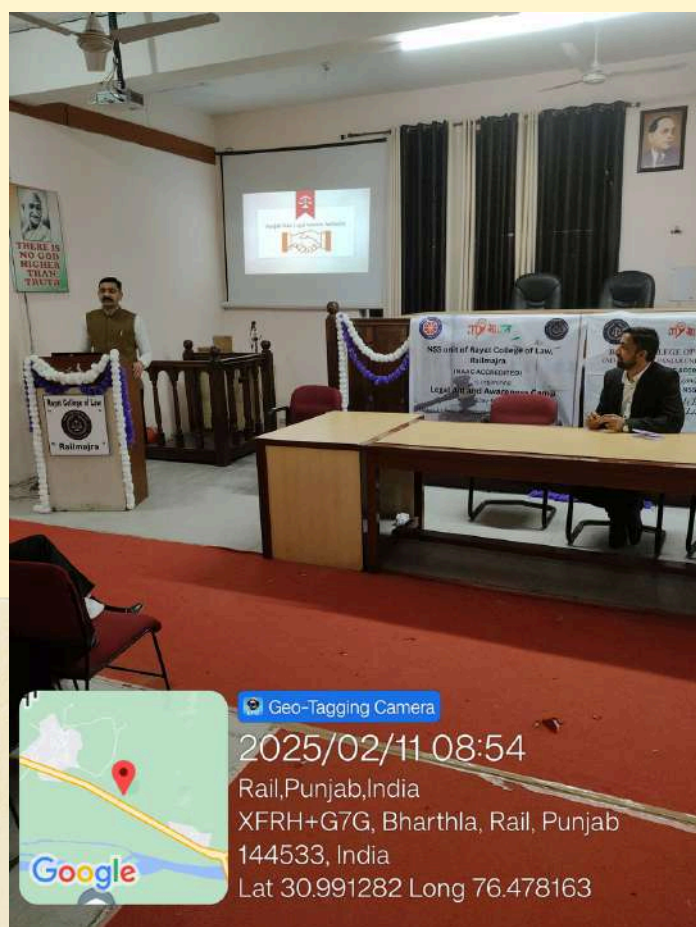
Creative competitions such as "Best Out of Waste" and a "Constitutional Law Quiz" showcased the volunteers' talents.

A cleanliness drive at the village Gurudwara further reinforced their dedication to community welfare. The day ended with a shared lunch and preparation for the camp's final day.



GLIMPSES OF THE DAY

2024-2025



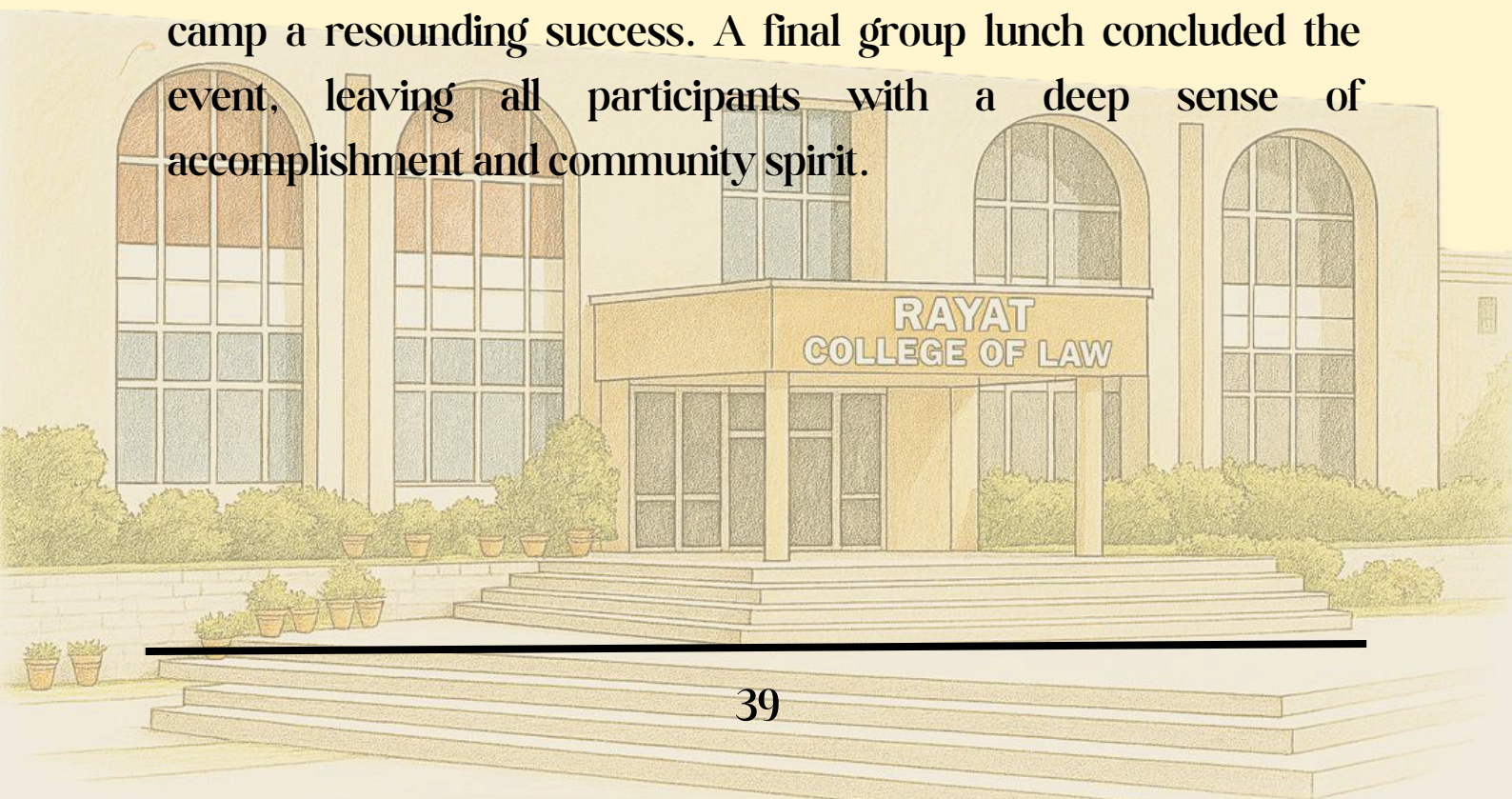
DAY 7: VALEDICTORY CEREMONY

February 12 , 2025

The final day marked a joyful culmination of the 7-day NSS Camp. Chief Guest Mr. Somraj Sharma (News Editor/Reporter) inspired the audience with his motivational speech. Volunteer Simran presented the camp report, highlighting the week's initiatives.

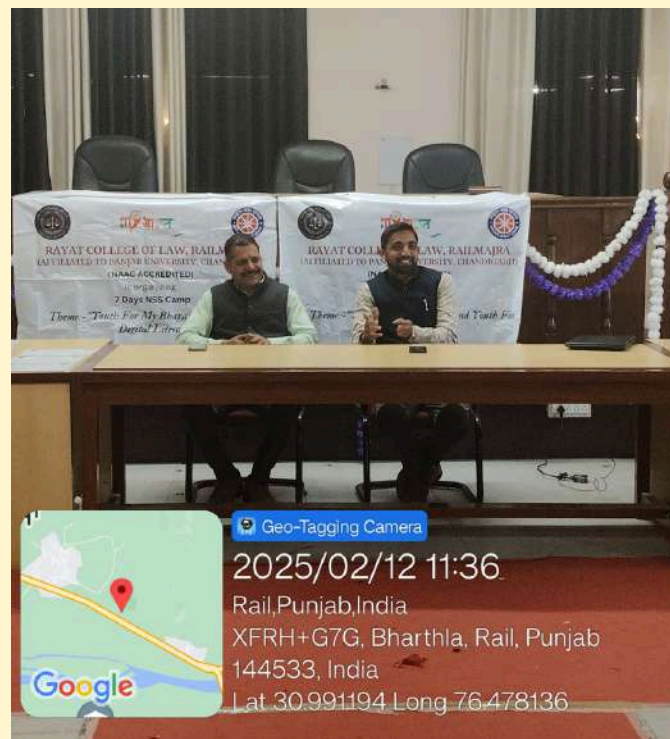
Volunteers shared their reflections, underlining the camp's transformative impact. Cultural performances, including Bhangra, Giddha, and Rajasthani folk dances, added a festive touch. Awards were distributed for Best NSS Volunteers and Best Camp Volunteers, with 25 others receiving appreciation certificates.

The camp ended with a memento presentation to the Chief Guest and a heartfelt farewell to Dr. Sohnu, whose leadership made the camp a resounding success. A final group lunch concluded the event, leaving all participants with a deep sense of accomplishment and community spirit.



GLIMPSES OF THE DAY

2024-2025

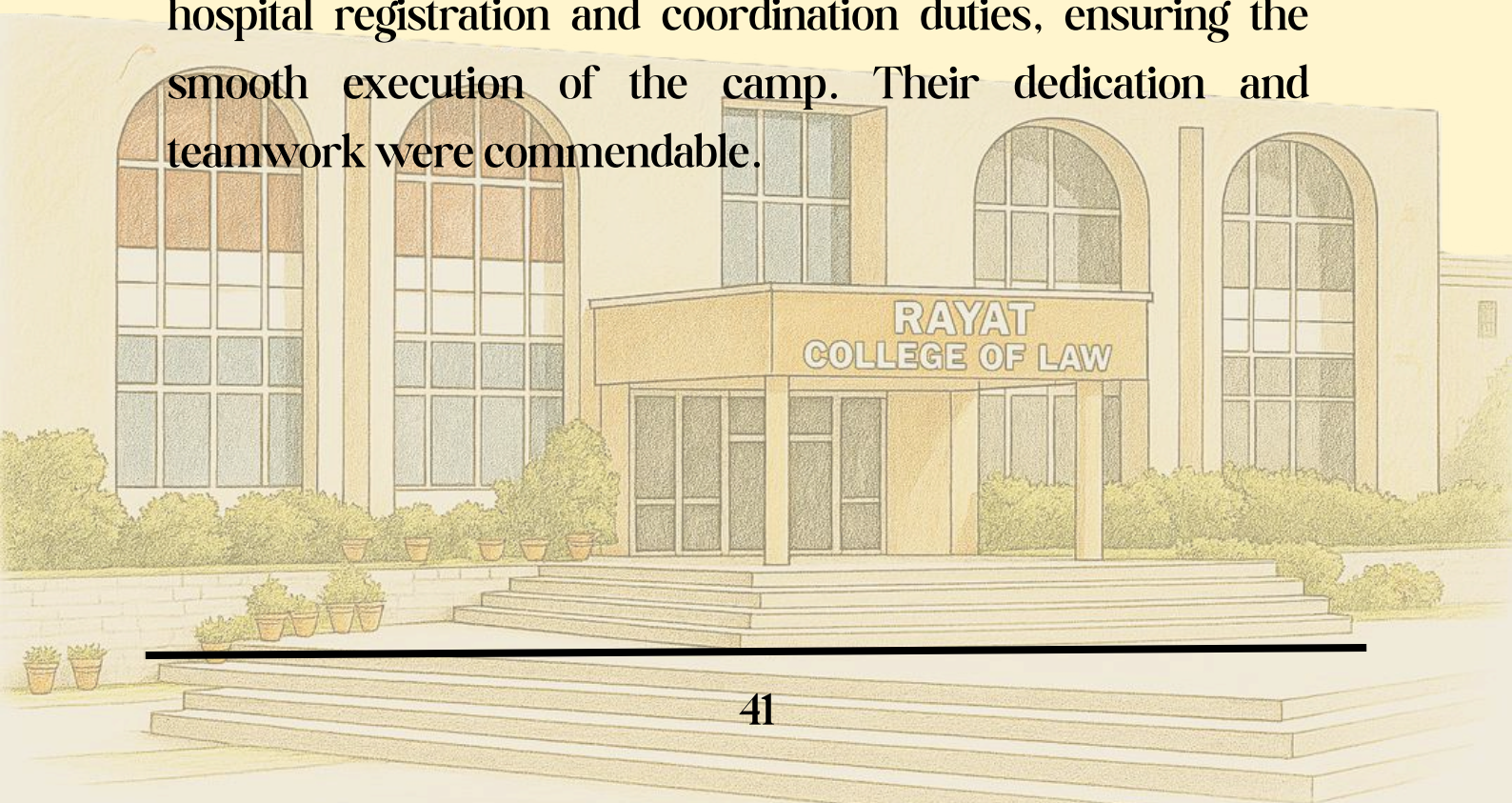


BLOOD DONATION CAMP

February 18 , 2025

The NSS Unit of Rayat College of Law, in collaboration with the NSS Unit LTSU Punjab, successfully organized a Blood Donation Camp on 18th February 2025 at the Education Department Hall. This noble initiative was sponsored by the Rotary Club, Rupnagar Central, and the blood donation was conducted by the Blood Bank, Civil Hospital, Rupnagar.

A total of 90 students registered for blood donation. However, after medical screening, only 50 students were found eligible, resulting in the successful collection of 50 units of blood. In addition to the donors, 12 NSS volunteers from Rayat College of Law played an essential role in managing hospital registration and coordination duties, ensuring the smooth execution of the camp. Their dedication and teamwork were commendable.



GLIMPSES OF THE DAY

2024-2025



WORKSHOP ON NATIONAL YOUTH PARLIAMENT 2025

2024-2025

March 10 , 2025

The NSS Unit of Rayat College of Law organized a workshop on 10th March 2025 to guide volunteers in the registration process for the Viksit Bharat National Youth Parliament 2025. The objective was to raise awareness about the initiative, explain the importance of youth participation, and provide a step-by-step demonstration of the registration procedure through the official portal.

Key discussions included:-

- Objectives of the Youth Parliament initiative.
- Roles and responsibilities of participants.
- Benefits of participation, such as leadership development, debate and communication skills, and national-level recognition.

Dr. Sohnu emphasized that such platforms empower youth and allow them to contribute ideas towards building a "Viksit Bharat" (Developed India). The workshop concluded with a motivational call for all volunteers to register and participate actively.

The Principal, Dr. Monika Sharma, appreciated the initiative and encouraged volunteers to take part in nation-building through such meaningful programs.



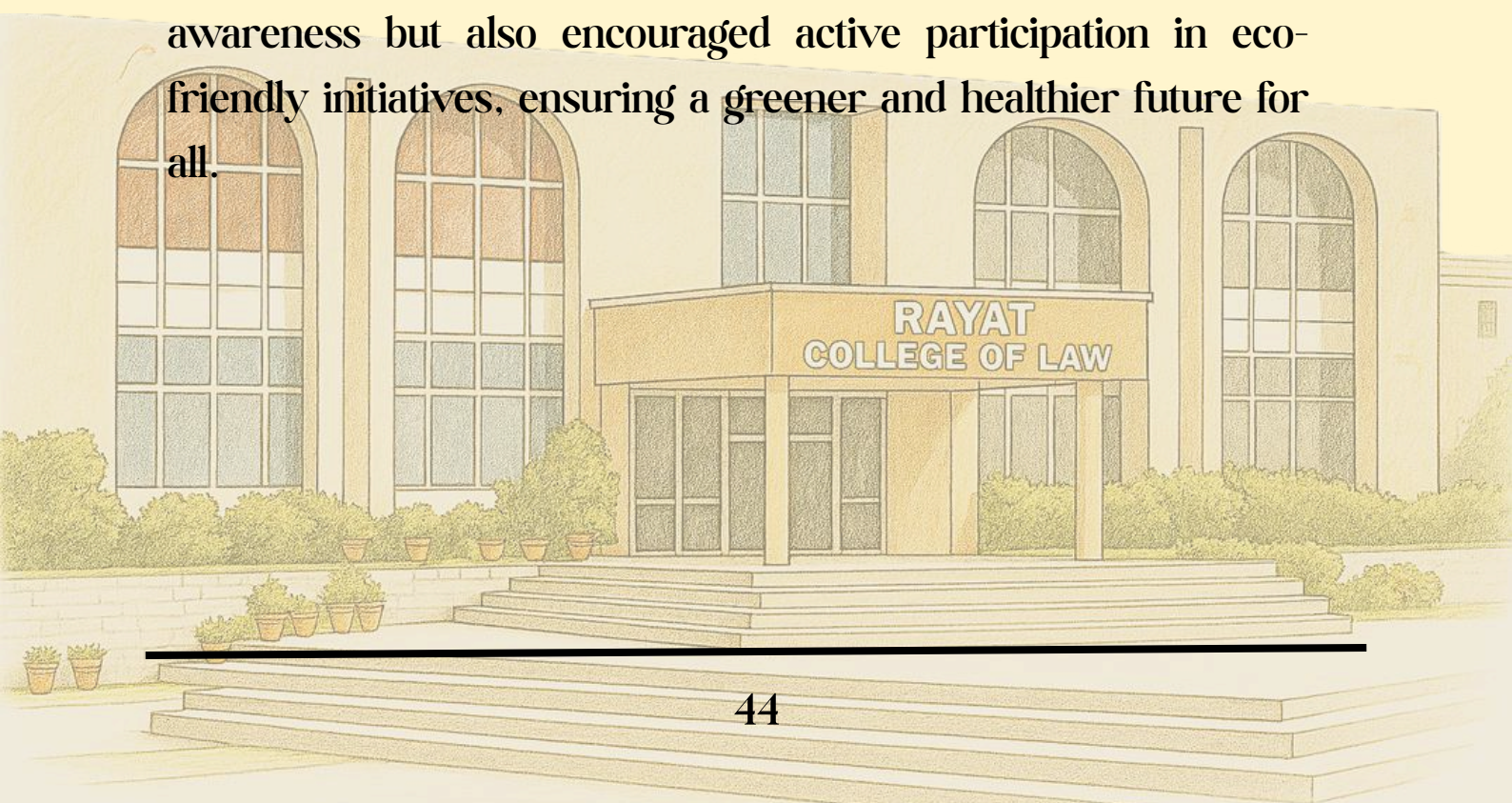
PLASTIC AWARENESS DRIVE

March 26 , 2025

The NSS Unit and Eco Club of Rayat College of Law, Railmajra, successfully organized a comprehensive environmental awareness event.

The key activities of the day included a Poster Making Competition, a Tree Plantation Drive, a Skit on "Plastic-Free Environment," a Pledge for Life (Lifestyle for Environment), and a Distribution Drive of Jute Bags for the labor class employees of the campus.

This event exemplified the commitment of the NSS unit of Rayat College of Law towards environmental sustainability and responsible living. The activities conducted not only created awareness but also encouraged active participation in eco-friendly initiatives, ensuring a greener and healthier future for all.



GLIMPSES OF THE DAY

2024-2025



ANNUAL ACHIEVERS

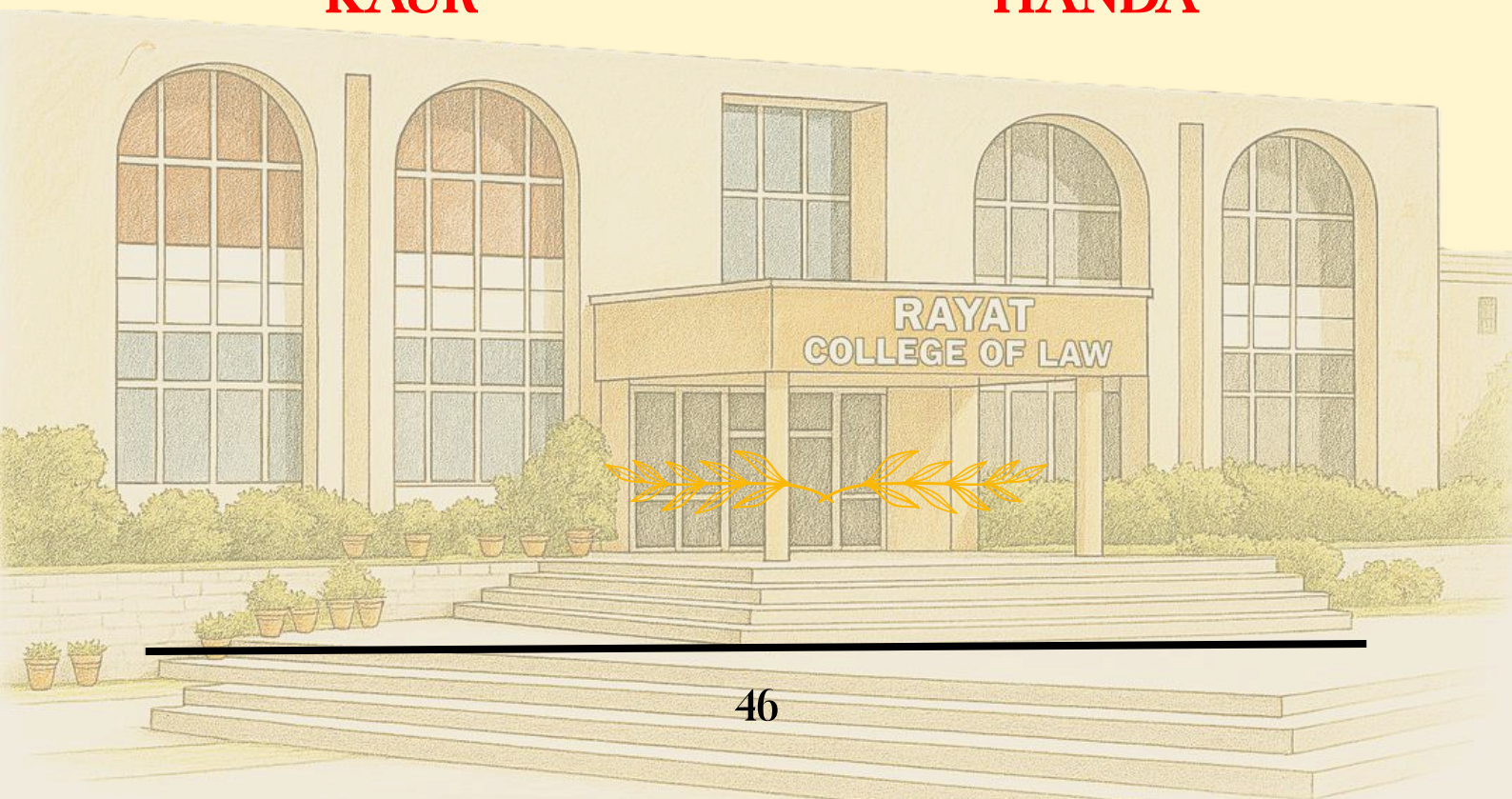
BEST ANNUAL NSS VOLUNTEERS



**INDERPREET
KAUR**



**SIDHARTH
HANDA**



NEWS COVERAGE OF THE EVENTS AND ACTIVITIES CONDUCTED

2024-2025



रयात कॉलेज ऑफ लॉ का एनएसएस इकाई ने वृक्षारोपण का आयोजन किया

रायचौरी, 18 फरवरी : रयात कॉलेज ऑफ लॉ के एनएसएस इकाई के सदस्यों ने आज एक वृक्षारोपण कार्यक्रम का आयोजन किया। छात्रों और शिक्षकों ने मिलकर कई नए पेड़ बोए। यह कार्यक्रम पर्यावरण के संरक्षण और छात्रों के सामाजिक उत्तरदायित्व को बढ़ावा देने के लिए आयोजित किया गया।

आपका फैसलौ पंजाब-हरियाणा-चंडीगढ़-अन्य

रयात कॉलेज ऑफ लॉ, रेतमाजरा की एनएसएस इकाई ने सामाजिक जागरूकता पर शैक्षिक अभियान का किया आयोजन

रायचौरी, 18 फरवरी : रयात कॉलेज ऑफ लॉ के एनएसएस इकाई के सदस्यों ने आज एक शैक्षिक अभियान का आयोजन किया। छात्रों ने लोगों को सामाजिक जागरूकता के बारे में शिक्षित किया। कार्यक्रम में छात्रों ने लोगों को सामाजिक जागरूकता के बारे में शिक्षित किया। कार्यक्रम में छात्रों ने लोगों को सामाजिक जागरूकता के बारे में शिक्षित किया।

रयात कॉलेज में सात दिवसीय एनएसएस

सवेरा न्यूज/ कैलाश आहूजा
रूपनगर, 12 फरवरी : रयात कॉलेज ऑफ लॉ में आयोजित सात दिवसीय एनएसएस विशेष शिविर का समापन एक प्रेरणादायक समापन समारोह के साथ हुआ, जिसने एक सप्ताह की सीख, सेवा और परिवर्तन की यात्रा को सफलतापूर्वक पूरा किया। इस अवसर पर मुख्य अतिथि सोमराज शर्मा ने अपनी उपस्थिति दर्ज करवाई और स्वयंसेवकों के साथ अपने बहुमूल्य विचार साझा किए। कार्यक्रम की शुरुआत एनएसएस स्वयंसेवक समिरन के स्वागत भाषण से हुई, जिसने समापन समारोह की आधारशिला रखी। इस अवसर पर कार्यक्रम अधिकारी डॉ. सोनू ने सभी उपस्थित लोगों का हार्दिक स्वागत किया और पिछले छह दिनों के



विजेताओं को सम्मानित किए जाने का दृश्य। (राजू शर्मा)

दौरान एनएसएस इकाई द्वारा किए गए विभिन्न गतिविधियों का सक्षम विवरण प्रस्तुत किया। इस अवसर पर सोमराज शर्मा ने स्वयंसेवकों को संबोधित किया और उनके समर्पण व उत्साह की

सरहद केसरी

सात दिवसीय एनएसएस शिविर और पर्यावरण शिक्षा कार्यक्रम का हुआ उद्घाटन

रायचौरी, 12 फरवरी : रयात कॉलेज ऑफ लॉ में आयोजित सात दिवसीय एनएसएस शिविर और पर्यावरण शिक्षा कार्यक्रम का उद्घाटन हुआ। कार्यक्रम में छात्रों ने पर्यावरण शिक्षा के बारे में शिक्षित किया। कार्यक्रम में छात्रों ने पर्यावरण शिक्षा के बारे में शिक्षित किया।

रक्तदान दूसरों की जान बचाने का महान कार्य है : सिविल सर्जन

रयात कॉलेज ऑफ लॉ में आयोजित रक्तदान शिविर में मुख्य अतिथि के रूप में हुए शामिल



सवेरा न्यूज/ कैलाश आहूजा
रूपनगर, 18 फरवरी : रयात कॉलेज ऑफ लॉ में आयोजित रक्तदान शिविर में मुख्य अतिथि के रूप में हुए शामिल। कार्यक्रम में छात्रों ने रक्तदान के महत्व के बारे में शिक्षित किया। कार्यक्रम में छात्रों ने रक्तदान के महत्व के बारे में शिक्षित किया।

रयात कॉलेज ऑफ लॉ में एनएसएस कैंप का मनाया समापन समारोह

रूपनगर (आपका फैसला) : रयात कॉलेज ऑफ लॉ में आयोजित सात दिवसीय एनएसएस विशेष शिविर का समापन एक प्रेरणादायक समापन समारोह के साथ हुआ, जिसने एक सप्ताह की सीख, सेवा और परिवर्तन की यात्रा को सफलतापूर्वक पूरा किया। इस अवसर पर मुख्य अतिथि सोमराज शर्मा, समाचार संपादक/ रियेक्टर (पूर्व एन एस एस स्वयंसेवक) ने अपनी उपस्थिति दर्ज करवाई और स्वयंसेवकों के साथ अपने बहुमूल्य विचार साझा किए। कार्यक्रम की शुरुआत एनएसएस स्वयंसेवक समिरन के स्वागत भाषण से हुई, जिसने समापन समारोह की आधारशिला रखी। इसके बाद, कार्यक्रम अधिकारी डॉ. सोनू ने सभी उपस्थित लोगों का हार्दिक स्वागत किया और पिछले छह दिनों के दौरान एनएसएस इकाई द्वारा किए गए विभिन्न गतिविधियों का सक्षम विवरण प्रस्तुत किया। इसके बाद, सोमराज शर्मा ने स्वयंसेवकों को

ਸੀਰਵਾਰ 6 ਜੂਨ 2024

ਜਲੰਧਰ, ਨਵਾਂਸ਼ਹਿਰ, ਬਲਾਚੌਰ, ਰੂਪਨਗਰ, ਮੋਹਾਲੀ

[illegible]

ਪੰਜਾਬ ਖੁਸ਼ਹਾਲੀ ਵਿੱਚ ਹੁਣ 40 ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਭਾਗ ਲਿਆ।
ਪੇਂਸ਼ਨਰ ਮੰਗੀਆ ਖੁਸ਼ਹਾਲੀ ਨੂੰ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਭਾਗਦਾਰ ਦੀ
ਮੰਗਾਂ ਅਤੇ ਜਾਨਤਕਤਾ ਨਾਲ ਸੰਬੰਧਿਤ ਵਿਸ਼ੇਸ਼ 'ਤੇ ਵਿਸ਼ਲੇਸ਼ਿਤ
ਕਰਦੇ ਹਨ ਅਤੇ ਅਖੀਰ ਕਮਾਨਾਤਮਕ ਹੁਣ ਅਤੇ ਕਰਨਾਨਾਤਮਕ ਹੁਣ
ਭਾਗਦਾਰ ਕਰਨ ਦੀ ਸਿਧਾਂਤਿਤ ਹੁਣ। ਭਾਗਦਾਰ ਦੀਆਂ ਭਾਗਦਾਰਾਂ
ਦੀਆਂ ਖੁਸ਼ਹਾਲੀ ਨੂੰ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਭਾਗਦਾਰ ਪ੍ਰਤੀ ਜਾਨਤਕਤਾ
ਪੇਂਸ਼ਨ ਕਰਨ ਪ੍ਰਤੀ ਹੁਣਦੀਆਂ ਹੁਣ।

ਇਹ ਸੂਚੀ ਇਹ ਵਿਭਾਗੀ ਇਹ ਵਾਰਾਂ
ਸੂਚਕਤ ਕੋਟਿਓਰੀ
ਦੇਵਾ ਰਾਜੀਓਰੀ ਇਹ 30 ਵਿਭਿਅਰਾਜੀ ਨੇ ਭਾਗ ਸਿਖਾ ਇਹ
ਸੂਚੀ ਇਹ ਵਿਭਾਗੀ ਇਹ ਵਾਰਾਂ ਪਦਿਅਰਾਜੀ ਨੇ ਵਿਭਿਅਰਾਜੀ

[illegible]

रघुनाथ कॉलेज ऑफ लॉ की एनएसएस इकाई ने सफाई अभियान चलाया

संखेरा
2 अक्टूबर (पु) : रयात कलेजेज अर्जि लॉक, रेलमार्गाचा जो एक्स्प्रेससह इतकं ने रणछणीय खल्लास ही संघा उभयपान 2024 के हिस्से के रूप में शेष समारोह और सम्राट अभिषेक का सकलतत्पर्वक आगोजन किया।
 कार्यक्रम को दो सत्रों में विभाजित किया गया था। सत्र 1: उपय समारोह, डॉ. संतोष, एनएएसएस कार्यक म अधिकारी, ने

[illegible]

NAAM ROSHINI
Chandigarh, 2 October
 The NSS Unit of Rajmata Jyoti Basu College of Law, Rajmata, successfully organized a Pledge Ceremony and Cleanliness Drive as part of the nationwide "Swachhata Hi Seva Campaign 2024". The event saw enthusiastic participation from around 150 college students, 10 NSS volunteers, and 15 teachers. The event was divided into two sessions: Session 1: Pledge Ceremony. Dr. Sohni, NSS Programme Officer, commenced the event by addressing the students and teachers. Following the distribution, a formal Pledge Ceremony on "Swachhata Hi Seva" took place, where all teachers and students engaged with students, leading them in the pledge. The ceremony emphasized a sense of responsibility and unity among the participants.

Session 2: Cleanliness Drive. In the second session, 100 NSS volunteers, along with students, embarked on a campus-wide cleanliness drive. Fifteen teachers also actively participated, working alongside the students and volunteers to clean the college premises. The collaborative effort highlighted the importance of maintaining cleanliness in both academic and public spaces.

The event concluded with acknowledgments for all participants. A certificate of appreciation was presented to the volunteers, students, and teachers, thanking them for their commendable efforts in organizing the event and promoting the values of cleanliness and social responsibility among students.



cance the campaign. Campaign. Dr. Garg, and diaries were distributed to all the participants.

ceremony on "Swachhata Hi Seva" took place, where all teachers and students engaged with students, leading them in the pledge. The ceremony emphasized a sense of responsibility and unity among the participants.

Session 2: Cleanliness Drive. In the second session, 100 NSS volunteers, along with students, embarked on a campus-wide cleanliness drive. Fifteen teachers also actively participated, working alongside the students and volunteers to clean the college premises. The collaborative effort highlighted the importance of maintaining cleanliness in both academic and public spaces.

The event concluded with acknowledgments for all participants. A certificate of appreciation was presented to the volunteers, students, and teachers, thanking them for their commendable efforts in organizing the event and promoting the values of cleanliness and social responsibility among students.

[illegible]

स्यात कॉलेज ऑफ लॉ, रेलमाजरा की एनएसएस इकाई ने सामाजिक जागरूकता पर शैक्षिक अभियान का किया आयोजन

रूपगण (ध्रुव नारंग): रघुनाथ कॉलेज अफ लॉ, रेन्मागार्ग की एमएसएस इकाई ने रेन्मागार्ग के सरकारी सैनियर सेकेंडरी स्कूल में सामाजिक जागरूकता के अंक दिवसीय शैक्षिक अभियान

समस्त कार्यक्रम चलाया। विभिन्न सामाजिक मुद्दों पर छात्रों को जागरूक करने के उद्देश्य से आयोजित इस कार्यक्रम में लगभग 100 छात्रों की उपस्थिति धनगढ़ी देखी गई।

जिंदगी में कानूनी खंचे को समझने के महत्व पर प्रस्तुति देने के लिए मंच संभाला।

पूरे आयोजन के दौरान, छात्र सक्रिय रूप से वक्ताओं के साथ जुड़े रहे और कैरियर की संभावनाओं और सामाजिक

मुद्दों के बारे में विभिन्न प्रश्न पूछे जा सकते हैं और उनकी टीम ने विस्तृत और जानकारीपूर्ण प्रतिक्रियाओं के साथ इन प्रश्नों का समाधान किया, जिससे

चर्चा किए गए विषयों के बारे में छात्रों की समझ समृद्ध हुई। जननीय वरिष्ठ मार्गदर्शक विश्वरूप के प्रधानों ने ऐसे मूल्यवान और प्रभावशाली कार्यक्रम के आयोजन के लिए अभिनन्दनाएँ हाईकी की सराहना की और प्रत्येक की फलत के लिए शुभकामनाएँ व्यक्त की। समुदाय के भीतर सामाजिक अशांस्कृत और शैक्षिक विकास को बढ़ावा देने के लिए अपनी प्रतिबद्धता का प्रदर्शन करते हुए कार्यक्रम को सफल बनाने में उनके प्रयासों के लिए डॉ. सोहन और उनकी टीम की सराहना की गई।



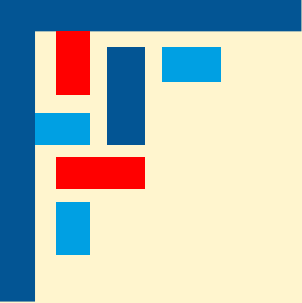
रूपन

रापड़
शुरू दि
शैक्षिक
बिंदु व
युवा ३
वि

विस्तार
स्वास्थ्य
को प्र
एनएस
प्रतिनि
सत्र स
एनएस
सिविल
के क
एनएस
सिमर
8:45

ल अस्पताल, रोपड़ में प्रायोगिक शिक्षण कार्यक्रम और स्वच्छता अभियान

(**सोमनाथ शर्मा**)। रायट कलेज ऑफ लॉ, रायल माजरा की एनएसएस इकाई ने सिविल अस्पताल, प्रायोगिक शिक्षण कार्यक्रम में सक्रिय रूप से भाग लिया। यह कार्यक्रम माई भारत पोर्टल के माध्यम से चला गया था। यह पहले युवा मामलों और खेल मंत्रालय द्वारा भारतीय युवाओं को सामाजिक गतिशीलता, समानता और व्यावहारिक कौशल के माध्यम से समकानने के समकानने के उद्देश्य से शुरू की गई है। कार्यक्रम मुख्य कार्यक्रम के तहत दो सत्र आयोजित किए गए। पहला सत्र प्रायोगिक शिक्षण कार्यक्रम द्वय सत्र में, जिला अधिकारी श्री प्रकज कुमार ने माई भारत पोर्टल को जानकारा और और प्रायोगिक शिक्षण कार्यक्रम के बारे में से समझाया। सिविल अस्पताल के एसएमओ, डॉ. उषिंदर ने अस्पताल में उपलब्ध विभिन्न बुनियादी सेवाओं पर प्रकाश डाला। उन्होंने ओपीडी में आने वाले रोगियों को भी मार्गदर्शन दिया और स्वयंसेवकों सैनिक और नियमित कार्य में सहायता करने के तरीकों के बारे में बताया। रायट कलेज ऑफ लॉ की सत्र कार्यक्रम अधिकारी, डॉ. सोहण, डॉ. उषिंदर और अस्पताल के अन्य कर्मचारियों के साथ अस्पताल परिसर में सफाई गतिविधियों में भाग लिया। स्वयंसेवकों ने चकरा फुल किया और अस्पताल बारियों और मरीजों को स्वच्छता और सफाई के महत्व का संदेश दिया। इन कार्यक्रमों में भाग लेने वाले सत्र स्वयंसेवकों में निखिल, परिशित, मुदुल सिंह, सिमरान्दो, समर इबनल सिंह, सार्थक, तानिया, शर्मा, भावना, इंदरप्रती, करिना, हेतल धीमान, एकनूरप्रती, सुशांत लापड शमिल थे। यह कार्यक्रम सुबह 9 बजे शुरू हुआ और इन एनएसएस कार्यक्रम अधिकारी, डॉ. सोहण द्वारा समर्पित किया गया। स्वयंसेवकों वृत्त अंत में, सभी एनएसएस स्वयंसेवकों को उनके भागीदारी प्रमाण पत्र प्रदान किए गए।



2024-2025

