



**REPORT
OF
SEVEN DAY NSS SPECIAL CAMP
[2024-2025]**

6th Feb to 12th Feb 2025

Under the theme:-

**YOUTH FOR MY BHARAT AND YOUTH FOR DIGITAL
LITERACY**

Submitted to :-

PANJAB UNIVERSITY , CHANDIGARH

Submitted by:-



**NSS UNIT ,RAYAT COLLEGE OF LAW , SBS
NAGAR**

[Naac Accredited]

FOREWORD

The NSS UNIT of Rayat college of law , Railmajra has been trying to follow and nurture the ideology of NSS in a manner that ensures meaningful participation of all stakeholders. The activities carried out in Seven Day Special NSS Camp- 2025 have served as an eye opener for the young NSS volunteers about the contemporary problems that our country is facing. The special initiatives, lectures and activities undertaken during the camp have served as a milestone in fostering social responsibility and nationalism among young NSS volunteers. Rayat College of law has always had a strong vision and commitment toward the service of the society and its weaker sections. With deep sense of gratification, we take pride in the successful completion of the camp by the NSS volunteers of the Rayat College of Law . Our NSS Units worked on and off the campus with great enthusiasm and zeal. There are some remarkable social service activities done by the unit. For instance, plantation drives, cyber awareness camp at village level ,generating awareness about cyber security , legal aid was provided to villagers, social service of stationary distribution was done at village school , special lectures on legal aid was given to volunteers, rally was carried out in village to aware people with skit performance by the volunteers . NSS volunteers, sensitization programs cyber security and cyber crime awareness in village Railamjra . The insemination of these activities, we believe will go long way in dispersing the seeds of safe, secure and independent surroundings throughout the world through our NSS volunteers. We are pledged to social service and to take this initiative beyond the stipulated time frame. The principles on which NSS as an organization is built, has inherent characters in line with the cause of nation building through service. The activities done by the NSS volunteers during the camp helped them to equip themselves with an insight, sensitivity and close understanding of the problems that are faced at the grass root level. With the field experiences, our volunteers have learnt how to lead a life of dignity with positive mind set and contribute to the growth of Nation by one or the other way. The enthusiasm which our volunteers put their heart into the NSS initiatives, this learning experience is bound to become a movement in itself in the times to come.

We take this opportunity to express our gratitude to Dr. SOHNU our worthy programme officer for his valuable inputs, guidance and support throughout the year. We congratulate and extend our best wishes to NSS volunteers, teaching and Non Teaching staff who have made this journey a success due to sincere and sustained efforts and for their keen efforts to accomplish the targets in the planned activities .

Signed by programmer officer :-
DR.SOHNU

About 7 Day Camp

"NOT ME BUT YOU"

With the theme of "*Youth for my bharat and Youth for digital literacy*" the NSS UNIT of Rayat college of law conducted it's first 7 day NSS camp with the support of Dr. SOHNU Assistant professor at Rayat college of law and programme officer of NSS UNIT with 50 volunteers in village Railmajra , SBS Nagar from 6th February to 12th February ,2025.

Camp details

Place of camp

Rail Majra (ਰੇਲ ਮਾਜਰਾ)

Duration

6-12 Feb, 2025

Programme officer

Dr.SOHNU

No.of volunteers

50.

District

SBS Nagar

Day1:Inauguration Orientation

February 6, 2025: The NSS Unit of Rayat College of Law successfully inaugurated its 7-day NSS Camp on February 6, 2025, with a vibrant opening ceremony held at 9 AM. The camp, scheduled from 6th to 12th February 2025, aims to promote community engagement and environmental awareness among volunteers.

The event was graced by Dr. Parveen Goyal, Programme Coordinator NSS (Panjab University, Chandigarh), as the Chief Guest, and Dr. Sonia Sharma, Master Trainer (My Bharat Portal), as the Guest of Honour. Dr. Monika Sharma, Principal of Rayat College of Law, extended a warm welcome to the guests and appreciated the dedicated efforts of the NSS volunteers in organizing the camp.

The inauguration began with a welcome address by an NSS volunteer, followed by Dr. Sohnu, NSS Programme Officer, who welcomed the dignitaries and briefed the attendees about the 7-day schedule of activities.

Delivering an inspiring address, Dr. Parveen Goyal highlighted the motto, vision, and objectives of NSS, emphasizing the significance of youth involvement in social service. Dr. Sonia Sharma, in her speech, elaborated on the importance of the My Bharat Portal and how students can leverage it for national-level opportunities.

The event concluded with a Vote of Thanks delivered by Dr. Mahender Singh, Vice Principal, acknowledging the contributions of all participants and faculty members.

Environmental Education Programme Activities

Following the inauguration, several activities were conducted :-

Poster Making Competition on the theme "Save Environment" witnessed participation from 20 students.

1st Prize: Harmanpreet Singh (1st Year)

2nd Prize: Gurjot (3rd Year)

3rd Prize: Gurveer (1st Year)

Rangoli Making Competition with the theme "Save Environment" saw 12 students displaying their creativity.

1st Prize: Inderpreet & Karina (4th Year)

2nd Prize: Pooja & Yeshasvi Aggarwal (2nd Year)

Tree Plantation Drive was carried out by the guest dignitaries, NSS volunteers, and faculty members, led by Vice Principal Dr. Sohnu.

Rally on "*Save Environment and Plastic-Free Earth*"—All volunteers and faculty members actively participated in spreading awareness.

Life Pledge Ceremony—NSS volunteers and faculty members took a solemn pledge to protect and conserve the environment.

Quiz Competition on Environmental Awareness with 50 participants

1st Prize: Sukhamripal (2nd Year)

2nd Prize: RUDRA FROM (2nd Year)

3RD Prize: Ankush FROM 1ST YEAR

Special Recognition and Appreciation

On this occasion, NSS volunteers were provided with caps and stationery kits as a token of encouragement. Dr. Monika Sharma, Principal, lauded the initiative, emphasizing the crucial role of youth in environmental conservation.

The event witnessed the esteemed presence of Vice Principal Dr. Mahinder Singh, Dr. Akashdeep Singh, Dr. Manish Kumar, and other faculty members, who actively participated in the day's proceedings.

The 7-day NSS Camp, under the leadership of Dr. Sohnu, Programme Officer, NSS, will continue with a series of community-driven and educational activities, reinforcing the commitment of NSS towards nation-building and environmental sustainability.

Signed by Programme Officer:-
DR.SOHNU

GLIMPSE OF DAY 1



DAY 2:-

Date: 07-02-2025

Venue: Adopted Village, Railmajra

The second day of the 7-day NSS camp at Railmajra commenced with great enthusiasm as all NSS volunteers and the Programme Officer, Dr. Sohnu, reached the village in the morning. The volunteers stayed at Gurudwara Sahib, reflecting the spirit of community service and dedication.

Morning Session: Cleanliness Drive & Planning

The day began with a cleanliness drive at the volunteers' seating area, emphasizing the importance of hygiene and sanitation. Following this, the volunteers proceeded to clean the kitchen area to ensure a clean and healthy environment for food preparation.

Lecture on Digital Literacy & Survey Awareness

After the cleanliness activity, Dr. Sohnu delivered an insightful lecture on digital literacy, highlighting the importance of digital awareness in rural areas. The session covered key aspects such as:

The role of digital literacy in daily life

How to educate villagers about online safety and financial frauds

The importance of government digital initiatives

Additionally, the method of conducting a village survey was explained, ensuring that all volunteers were well-prepared for the fieldwork.

Survey & Awareness Campaign

Post-lecture, the NSS unit was divided into seven groups, each assigned different sections of the village. The volunteers interacted with villagers, spreading awareness on digital literacy and gathering valuable data for the survey.

Lunch & Completion of Survey

By lunchtime, a few dedicated volunteers prepared meals for the entire team, fostering a sense of unity and teamwork. By 3:30 PM, all groups successfully completed the survey and awareness activities in the village.

Evening Planning Session

In the evening, all volunteers gathered to plan the activities for the next day, ensuring systematic execution of upcoming tasks.

The second day of the NSS camp was a remarkable blend of community service, awareness programs, and teamwork, reinforcing the commitment of volunteers toward social responsibility and digital empowerment.

**Signed by programmer officer:-
DR.SOHNU**

GLIMPSE OF DAY 2



DAY 3: A DAY OF LEARNING, SERVICE & AWARENESS

Railmajra, February 8, 2025: The third day of the 7-Day NSS Camp organized by the NSS Unit of Rayat College of Law was marked by a series of enriching activities focusing on community engagement, awareness, and moral values.

The day commenced with a visit to Gurudwara Sahib in the village, where all volunteers participated in prayers and sought blessings for their noble endeavors. This was followed by an energetic yoga session, led by NSS Volunteer Aarzu, where participants performed various asanas to promote physical and mental well-being.

A declamation competition was held, witnessing enthusiastic participation from over 15 volunteers. The winners of the competition were:

First Position: NSS Volunteer Simran (B.A. LL.B. 8th Semester)

Second Position: NSS Volunteers Aarzu (B.A. LL.B. 8th Semester) & Ankush (B.A. LL.B. 2nd Semester)

Third Position: NSS Volunteers Umesh (B.A. LL.B. 2nd Semester) & Shivam (B.A. LL.B. 4th Semester)

During lunch, the volunteers worked together to prepare and enjoy a wholesome meal, fostering teamwork and cooperation.

Post-lunch, **Dr. Sohnu Saini, NSS Program Officer, delivered an insightful lecture on "Cyber Security: Measures of Cyber Protection and Laws on Cyber Crimes."** The session aimed at educating volunteers on digital threats, cyber frauds, and legal recourse available for victims.

A survey analysis session was conducted, where volunteers carefully examined data from survey forms on cyber security and digital awareness. The analysis covered aspects like smartphone usage, popular apps, online shopping habits, awareness of cyber crimes, and the procedure for lodging cyber complaints.

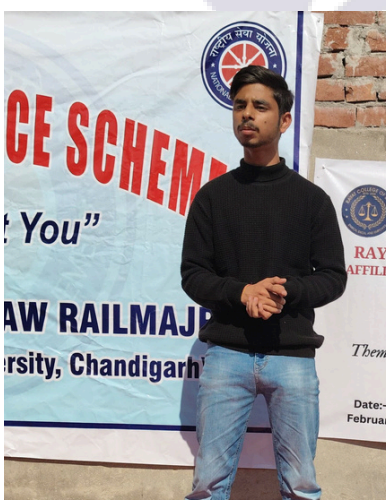
In alignment with the values of seva (service) and sharing, the NSS team organized "Ann Seva", wherein volunteers distributed food to village children, reinforcing the moral value of compassion and generosity.

Later in the evening, volunteers practiced for an upcoming Nukkad Natak, which will serve as a tool for social awareness. The day concluded with a planning session for the 4th day of the camp, where volunteers and the program officer discussed the schedule for the next set of activities.

With each passing day, the NSS camp continues to inspire and empower volunteers through knowledge-sharing, teamwork, and community service.

Signed by Programme Officer:-
DR.SOHNU

GLIMPSE OF DAY 3



DAY- 4

DATE - FEBRUARY 9, 2025

**SUBJECT:- MASSIVE RALLY ON
CYBER SECURITY AWARENESS**

Railmajra, February 9, 2025 – The fourth day of the 7-day NSS Camp at Rayat College of Law focused on spreading awareness about cyber security through an impactful awareness rally, street plays, and educational initiatives.

Cyber Security Awareness Rally: A Call for Digital Safety

The highlight of the day was a large-scale Cyber Security Awareness Rally, led by Dr. Sohnu, NSS Programme Officer. The rally aimed to educate people about the growing threats of cybercrime and the importance of staying vigilant online. Volunteers carried banners and placards with slogans like:

"Stay Safe Online, Stay Secure!"

"Think Before You Click!"

"Protect Your Data, Protect Your Future!"

The volunteers marched through the village, interacting with locals and distributing informational pamphlets on cyber safety measures.

Nukkad Natak: Spreading Awareness Through Street Theatre

To reinforce the message of the rally, NSS volunteers performed two Nukkad Natak (street plays) at key locations, showcasing real-life cybercrime scenarios and ways to prevent online fraud, hacking, and identity theft. These performances drew a significant crowd and sparked discussions among community members.

Creative & Interactive Activities

Earlier in the day, a Poster Making Competition was held, where students expressed their understanding of cyber security through art. The winners were:

1st Position: Yashavi Aggarwal (4th Sem, Group-5)

2nd Position: Ekampreet Kaur (6th Sem, Group-1) & Inderpreet Kaur (8th Sem, Group-6)

3rd Position: Khushali (4th Sem, Group-3)

Additionally, volunteers engaged in a community development activity by playing musical chairs, promoting teamwork and enjoyment.

Visit to Gurudwara Sahib & Seva

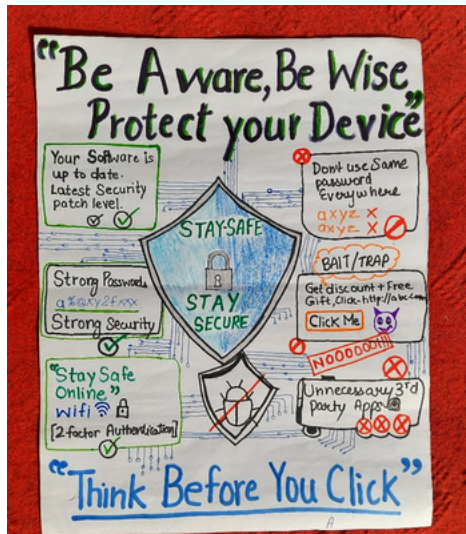
Post the awareness activities, the volunteers visited Gurudwara Sahib Shri Tibbi Sahib in Ropar (Rupnagar), where they participated in Seva (voluntary service), emphasizing the values of humility and collective well-being.

The day concluded with a strategy session for the next day's activities, ensuring continued impact and outreach.

The Cyber Security Awareness Rally was a major success, empowering both students and the community with essential digital safety knowledge.

**Signed by Programme Officer:-
DR.SOHNU**

GLIMPSE OF DAY 4



DAY 5: A DAY OF AWARENESS AND COMMUNITY ENGAGEMENT

RAILMAJRA, 10TH FEBRUARY 2025

The fifth day of the 7-day NSS Camp at Rayat College of Law was marked by impactful activities aimed at spreading awareness and fostering social engagement. Volunteers actively participated in various initiatives that promoted cyber security awareness, social well-being, and educational empowerment.

Morning Session: Pick Up the Cap Activity & Cyber Security Awareness Rally

The day commenced with an engaging "Pick Up the Cap" activity, which encouraged teamwork and coordination among the volunteers. Following this, the NSS Unit organized a Cyber Security Awareness Rally in the remote areas of Rail village, Rupnagar. Volunteers enthusiastically participated, raising awareness about cyber threats and the importance of digital safety among villagers.

Visit to Government School, Rail Village

The volunteers then visited the Government School at Rail village, where they conducted a series of educational and interactive activities:

Lecture for High School Students: NSS volunteers delivered an informative lecture to Class 11 and 12 students on cyber security awareness, covering essential topics such as online frauds, safe internet practices, and cyber laws.

Interactive Session: An engaging session was conducted by the Program Officer and volunteers, where students actively participated, sharing their views and queries related to cyber security and digital literacy.

Stationery Distribution: Volunteers distributed stationery kits to both high school and primary school students, reinforcing the importance of education and encouraging academic excellence.

Nukkad Natak: A street play (Nukkad Natak) was performed at the school, highlighting the dangers of cybercrime and the importance of cyber safety. The performance effectively conveyed the message to students and staff, making them aware of real-life cyber threats.

Special Lecture on Cyber Security: Volunteers Simran and Amritpal delivered a detailed session on cyber security awareness and preventive measures, guiding students on how to protect themselves in the digital world.

Afternoon Session: Group Activities & Social Discussions

After the school visit, all volunteers gathered for a group lunch, fostering team bonding and camaraderie. Post-lunch, a group discussion was conducted on various social issues, including:

- Peer Pressure – Understanding its impact on youth and strategies to overcome it.
- Child Abuse – Raising awareness on identifying and preventing abuse.
- Mental Well-being – Importance of mental health and coping mechanisms for stress and anxiety.

Planning for the Next Day

The day concluded with a session dedicated to planning the activities for the sixth day of the camp, ensuring a structured approach for the upcoming events.

The volunteers' enthusiasm and commitment made the day a remarkable success, reinforcing the NSS motto of “Not Me, But You.”

signed by Programme officer:-

DR.SOHNU

GLIMPSE OF DAY 5



DAY6:- LEGAL AID CLINIC

,COMMUNITY ENGAGEMENT

ACTIVITIES

Railmajra, February 11, 2025 – The sixth day of the 7-day NSS Camp, organized by the NSS Unit of Rayat College of Law, was marked by impactful legal awareness initiatives, competitions, and community engagement activities.

Legal Aid Lecture & Clinic

The day commenced with an enlightening Legal Aid Lecture delivered by Dr. Aakashdeep, Associate Professor and Coordinator of the Legal Aid Clinic at Rayat College of Law. He emphasized the importance of legal aid, its structure, and the role of paralegal volunteers in bridging the gap between law and society. Dr. Sohnu, NSS Programme Officer, extended gratitude to Dr. Aakashdeep and further elaborated on the significance of legal aid in empowering the underprivileged.

Following the lecture, a Legal Aid Clinic was set up in Village Railmajra, where villagers received free legal guidance. The clinic was graced by Chief Guest Mr. Vijay Pal Singh, Mr. Yogesh Malhotra (Press Reporter), Sarpanch Satpal Singh, and other distinguished guests. NSS Volunteer Simran extended a warm welcome to the guests, and Dr. Sohnu highlighted the various initiatives undertaken by NSS volunteers.

Mr. Vijay Pal Singh delivered an insightful lecture on the functioning of the District Legal Services Authority (DLSA) and how individuals can avail legal aid through the authority. Women from the village actively participated in the session, discussing their legal concerns and seeking guidance.

Sarpanch Satpal Singh shared details about various government policies benefiting villagers and praised the NSS Unit for their commendable efforts, especially the awareness rally and the distribution of stationery to school children.

Media Coverage & Awareness Mr. Yogesh Malhotra, a senior press reporter, conducted an informative session on the role of media in law and society. He highlighted the importance of journalism in legal awareness and assured media coverage of the legal aid clinic to enhance its outreach.

Creative Competitions & Community Activities.

The camp also featured engaging activities for NSS volunteers:

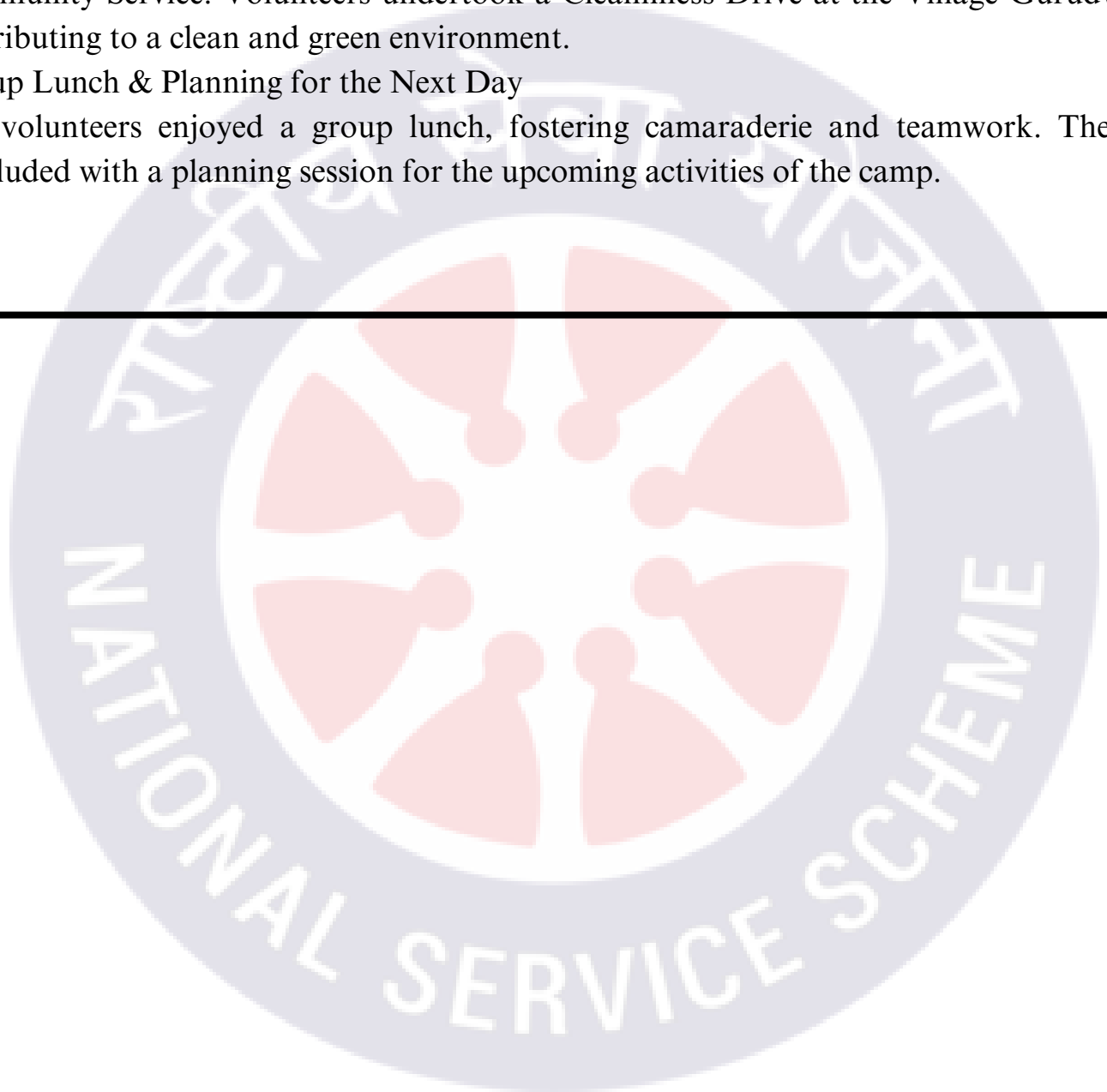
Best Out of Waste Competition: 🏆 1st Position: Sakshi Dhawan (Group 2) 🏆 2nd Position: Simran (Group 4)

Quiz Competition on Constitutional Law: 🏆 1st Position: Group 1 🥈 2nd Position: Group 3 🥉 3rd Position: Group 2

Community Service: Volunteers undertook a Cleanliness Drive at the Village Gurudwara, contributing to a clean and green environment.

Group Lunch & Planning for the Next Day

The volunteers enjoyed a group lunch, fostering camaraderie and teamwork. The day concluded with a planning session for the upcoming activities of the camp.



Signed by Programme Officer:-
DR.SOHNU

GLIMPSE OF DAY 6



DAY 7: VALEDICTORY

CEREMONY OF CAMP

Railmajra, 12.02.2025 – The NSS 7-day special camp at Rayat College of Law concluded with an inspiring Valedictory Ceremony, marking the successful completion of a week-long journey of learning, service, and transformation. The chief guest for the event, Mr. Somraj Sharma, News Editor/Reporter, graced the occasion with his presence and shared valuable insights with the volunteers.

The event commenced with a warm welcome address by NSS volunteer Simran, setting the tone for the grand finale. Dr. Sohnu, the Programme Officer, extended a heartfelt welcome to all present and provided a comprehensive overview of the various activities conducted by the NSS unit over the past six days.

Following this, Mr. Somraj Sharma addressed the gathering, appreciating the dedication and enthusiasm of the NSS volunteers. He emphasized the significance of NSS in shaping responsible citizens and shared his own experiences, inspiring the volunteers to continue their selfless service to society.

Simran then presented a detailed report of the camp's activities, highlighting the impactful initiatives undertaken by the volunteers, including digital literacy awareness in villages and community service. The volunteers later shared their feedback, expressing how the camp was not merely an event but a transformative experience. They spoke about their exposure to ground realities and the importance of digital literacy in rural areas.

The cultural segment of the event showcased vibrant performances by the volunteers, including Bhangra, Giddha, and Rajasthani dance performances, which added to the celebratory atmosphere.

Awards and Recognition

To acknowledge the dedication and hard work of the volunteers, several awards were presented:

Best NSS Volunteer of the Year

Girls: Inderpreet and Karina (8th Sem, B.A. LL.B. 5 Years)

Boys: Nikhil and Siddharth (4th Sem, B.Com. LL.B.)

Best NSS Volunteer of the 7-Day Camp

Girls: Simran and Aarzu Tajashwini (8th Sem)

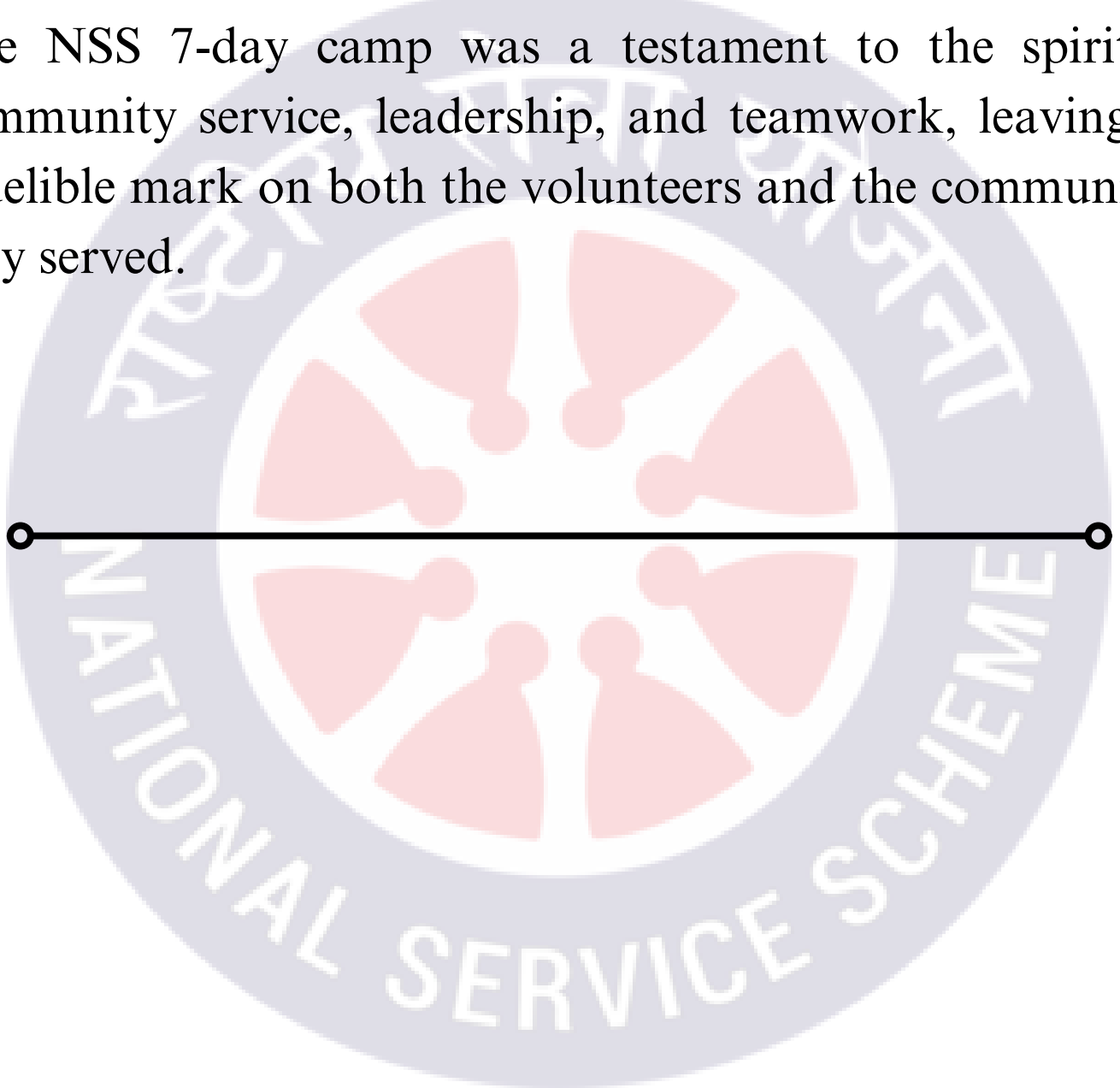
Boys: Mridul Mehta and Prikshit (4th Sem)

Additionally, 25 volunteers received Appreciation Awards for their extraordinary performance during the camp.

As a token of gratitude, the Chief Guest, Mr. Somraj Sharma, was presented with a memento by Programme Officer Dr. Sohnu. In his vote of thanks, Dr. Sohnu expressed deep appreciation for the efforts of all the volunteers, encouraging them to continue their journey of social service. The event concluded with a special lunch for all volunteers, followed by words of appreciation and life tips shared by Dr. Sohnu.

The volunteers, in turn, presented a memento to Dr. Sohnu in recognition of her dedication, hard work, and mentorship throughout the camp. The day ended on a high note with a lively DJ party, where all volunteers celebrated their week of service and camaraderie.

The NSS 7-day camp was a testament to the spirit of community service, leadership, and teamwork, leaving an indelible mark on both the volunteers and the communities they served.



Signed by Programme Officer:-
DR.SOHNU

GLIMPSE OF DAY 7



Thank you



Signed by programme officer
DR.SOHNU